



University of North Carolina at Chapel Hill

TRANSFORMING HEALTH & RESILIENCE IN VETERANS PROGRAM



THRIVE PROGRAM

The THRIVE Program provides participant centered interdisciplinary care to Veterans and first responders who have a history of mild to moderate traumatic brain injuries or posttraumatic stress through a 3-stage clinical approach.

Evaluation

A comprehensive diagnostic evaluation is completed with our interdisciplinary team including, but not limited to, the following specialties:

- Behavioral Health
- Case Management
- Clinical Pharmacology
- Musculoskeletal
- Neuropsychology
- Nutrition
- Physical Therapy
- Psychiatry
- Speech Language Pathology
- Vestibular Therapy

Intensive Outpatient Program (IOP)

Those eligible have the option to participate in an IOP integrating conventional medicine offered by the specialists in the *Evaluation* stage with alternative therapies that include, but are not limited to, the following:

- Art Therapy
- Equine Therapy
- Group sessions
- Yoga & Mindfulness

1-year Follow Up

Our case managers and team will continue to follow up with you for 1 year after your visit with check-ins scheduled at:

- 1 month
- 3 months
- 6 months
- 9 months
- 12 months

The THRIVE Program provides care for all Veterans and first responders regardless of service branch, discharge status, insurance coverage or location.

Contact us to apply!

984-215-5151

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