



THRIVE PROGRAM

Our Mission is to serve Veterans and First Responders by providing participant centered, multi-disciplinary clinical care.



Welcome 2023! Happy New Year from the THRIVE Program Team



The Matthew Gfeller Center & THRIVE Program Team at Stars Stripes & Strides 5K

Looking back at 2022



Thank you for making 2022 so successful. This past year has been very exciting for the THRIVE Program as we welcomed many incredibly talented team members who are committed to the THRIVE Program's mission.

We opened our doors and saw our first participant in April 2022. We ended the year by evaluating a total of 39 Veterans and first responders for the 3-day evaluation. The feedback from our participants has been overwhelmingly positive, and we look forward to continuing to serve those who have served us.

Our staff have been diligently investing in community outreach to raise awareness of Veteran issues and the THRIVE program. Sammy Rodriguez (Veteran Outreach Program Coordinator) and Sarah Marshburn (Social Work Practitioner) pictured here, attended the The Joel Fund Resource Fair in September 2022 as one of many outreach efforts.

Looking forward to 2023



We are really excited to move into our new space at Carolina Pointe 1 in early 2023. Our THRIVE Program team is busily preparing the space to welcome more Veterans and first responders. This space allows us to grow the THRIVE Program and significantly increase the participant capacity for the 3-day evaluations, while allowing us to start our Intensive Outpatient Programs (IOP).

We are most excited to host our inaugural IOP cohort of 3 Veterans and first responders in February 2023! The cohort will be participating in a comprehensive and holistic treatment program that includes Equine Therapy, Art Therapy, Yoga, Lunch and Learns, as well as working with our talented specialists in Vestibular Therapy, Speech Language Pathology, Physical Therapy, Pharmacology, Behavioral Health, Nutrition, and more. We are truly looking forward to helping our Veterans and First Responders THRIVE in all aspects of their life.

THRIVE Program Spotlight!

Meet COL (Ret.) Dr. Shawn Kane! Dr. Kane is the UNC THRIVE Program's Chief Medical Officer and is an Associate Professor in the Department of Family Medicine at UNC-Chapel Hill. He served in the US Army for 27 years as a Soldier and a physician where he spent most of his time caring for the Soldiers and families of the US Army Special Operations Command. Shawn brings his unique lived experiences into the THRIVE Program which allow him to understand the sacrifices our participants made to our nation and our communities.

In Shawn's own words, "It is important for us to leverage our expertise and health care resources to assist our Veterans and first responders who may have developed long-term, complex physical and neurological health issues from combat-related exposures in service to our nation."



Join us for the 2023 Matthew Gfeller NeuroHealth Symposium!



MATTHEW GFELLER CENTER

March 10-11, 2023
Chapel Hill, NC

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