

Brittany M. Ingram, MA, LAT, ATC

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EDUCATION

- 2024 **Doctor of Philosophy – Human Movement Science Curriculum**
The University of North Carolina at Chapel Hill
- Dissertation: “The Impact of Social Determinants of Health on Sport-Related Concussion Care in Emerging Adults”
Advisor: Dr. Johna Register-Mihalik
- 2020 **Master of Arts in Exercise and Sport Science**
Concentration in Athletic Training
The University of North Carolina at Chapel Hill
- Thesis: “Comparing and Interactive Concussion Education Platform to Current Education Standards: A Randomized Control Trial”
Advisor: Dr. Johna Register-Mihalik
- 2018 **Bachelor of Science in Athletic Training**
Minor in Nutrition
The University of Alabama
- Degree awarded with Highest Honors and Distinction*

PROFESSIONAL EXPERIENCE

- 2020 – present **Graduate Research & Teaching Assistant**
Matthew Gfeller Center
Department of Exercise and Sport Science
The University of North Carolina at Chapel Hill
PI: Johna K. Register-Mihalik, PhD
- 2018-2020 **Graduate Assistant Athletic Trainer**
The University of North Carolina at Chapel Hill
Teams: Women’s Lacrosse, Women’s Volleyball
- 2018 – present **Athletic Trainer for Sport Clubs**
The University of North Carolina at Chapel Hill
- 2018-2020 **Staff Athletic Trainer**
Camp Woodward, Woodward, Pennsylvania
Sports Covered: Cheer, Gymnastics, BMX, Skateboard, Scooter, Parkour
- 2017 – 2018 **Undergraduate Research Assistant**
American Sports Medicine Institute
PI: Glenn Fleisig, PhD

HONORS AND AWARDS

- 2018 **National College Athletics Association (NCAA) Ethnic Minority and Women's Enhancement Scholarship Recipient**
- Recognizes 13 ethnic minorities and 13 female college students who will be entering their initial year of graduate studies with the goal of increasing the pool of and opportunities for qualified minority and female candidates in intercollegiate athletics.
- 2014 – 2018 **Dean's List** (8 semesters)
The University of Alabama

FUNDING

Extramural Grants:

2023-2024 Ingram BM & Register-Mihalik JK.
The Impact of Social Determinants of Health on Sport Related Concussion in Emerging Adults
National Athletic Trainer's Association Research and Education Foundation

Role: Principal Investigator

Total: \$2,500 (*Funded*)

2022-2024 Ingram BM & Register-Mihalik JK.
The Impact of Social Determinants of Health on Mild Traumatic Brain Injury in Emerging Adults
National Institutes of Health – National Institute on Minority Health and Health Disparities (NIH-NIMHD)
F31

Role: Principal Investigator

Total: \$79,318 (*Not Funded*)

SCHOLARSHIP

Peer-reviewed Journal Articles (in print or accepted):

Total Peer-Reviewed Publications: 3; Total First-Authored: 1

1. Kerr ZY, **Ingram BM**, Callahan CE, Nedimeyer AK, Chandran A, Kossman MK, et al. (2021). Reporting of concussion symptoms by a nationwide survey of United States parents of middle school children. *International Journal of Environmental Research and Public Health*, 18(22), 12070.
2. Kay MC, Hennink-Kaminski H, Kerr ZY, Gildner P, **Ingram BM**, Cameron KL, Houston MN, Linnan LA, Marshall SW, Peck KY, Register-Mihalik JK (2021). Factors and Expectations Influencing Concussion Disclosure within NCAA Division I Athletes: A Mixed Methodological Approach. *Journal of Sport and Health Science*.
3. **Ingram, BM**, Kay, MC, Vander Vegt, CB, & Register-Mihalik, JK (2019). The Effect of Body Checking Policy Changes on Concussion Incidence in Canadian Male Youth Ice Hockey Players: A Critically Appraised Topic, *Journal of Sport Rehabilitation*, 28(7), 774-777.

Abstracts (in print or accepted):

1. **Ingram BM**, Kossman MK, Gildner P, Cameron KL, Houston MN, Callahan CE, Marshall SW, Kerr ZY, Register-Mihalik JK. (2022). Perceptions of An Interactive Concussion Education Platform Among Reserve Officer Training Corps (ROTC) Cadets. *Medicine & Science in Sports & Exercise*. 54(9S):425.
2. Register-Mihalik JK, **Ingram BM**, Kossman MK, Gildner P, Cameron KL, Callahan CE, Kerr ZY, Houston MN, Marshall SW. (2022). Collegiate Student-Athletes' Initial Perceptions Of An Interactive Concussion Education Platform. *Medicine & Science in Sports & Exercise*. 54(9S):425.
3. **Ingram BM**, Kay MC, Gildner P, Cameron KL, Callahan CE, Marshall SW, Kerr ZY, Houston MN, Register-Mihalik JK. (2021). A Qualitative Study of the Perceptions and Expectations Impacting Concussion Care Among Reserve Officer Training Corps (ROTC) Cadets. *Journal of Athletic Training*. 56 (6): S68.
4. **Ingram BM**, Kay MC, Callahan CE, Gildner P, Kerr ZY, Register-Mihalik JK. (2021). Effects of an Interactive Education Platform On Concussion-related Knowledge, Attitudes, Perceived Norms, And Intention to Disclose In Collegiate Club Sport Athletes. *Medicine & Science in Sports & Exercise*. 53(8S):391.
5. **Ingram BM**, Kay MC, Vander Vegt CB, Register-Mihalik JK. (2018). A Pilot In- Depth Analysis of Youth Sport Coaches' Perceptions of Sport Culture, Safety and Injury Prevention. *Journal of Athletic Training*. 53(6S).

Conference Presentations (not included in Abstracts):

International:

1. **Ingram BM**, Vander Vegt CB, Kerr ZY, DeFreese JD, Register-Mihalik JK. Effects of an interactive concussion education platform compared to current education standards embedded in a sham intervention: a randomized control trial. Poster presented at the 6th International Consensus Conference on Concussion in Sport, October 27-28, 2022, Amsterdam, The Netherlands.

National:

1. **Ingram BM**, Chandler MC, Bloom J, Fonseca J, Ramsey K, DeMaio VJ, Callahan CE, Register-Mihalik JK. Health Related Quality of Life in Adolescent Athletes Fully Returned versus those not Fully Returned to school at One-month Post Concussion. Poster presented at the National Athletic Trainers' Association Clinical Symposium & Members Meeting, June 2023, Indianapolis, IN.
2. **Ingram BM**, Hawkinson LE, Callahan CE, Chandler MC, Register-Mihalik JK, Wallace JS. Young Adults' Perceptions of Health Care Providers and Injury Care-Seeking: A Qualitative Study. Poster presented at the American College of Sports Medicine 70th Annual Meeting, May 30th - June 2nd, 2023, Denver, Colorado.
3. Register-Mihalik JK, Chandler MC, **Ingram BM**, Auton B, Bowman TG, Hall EE, Hynes LM, Jewell E, Ketcham C, Mrazik M, Naidu D, Siler CW, Gilder P, Marshall SW, Guiskiewicz K, McCrea MA. Differences In Psychological Distress And Health-related Quality Of Life Outcomes Among Collegiate Student-athletes With And Without A History Of Undiagnosed Concussion. Poster presented at the American College of Sports Medicine 70th Annual Meeting, May 30th - June 2nd, 2023, Denver, Colorado.

4. Chandler MC, **Ingram BM**, Gildner P, Marshall SW, Guskiewicz KM, McCrea MA, Register-Mihalik JK. High School GPA But Not Neurocognitive Test Performance Differs By Concussion History. Poster presented at the American College of Sports Medicine 70th Annual Meeting, May 30th - June 2nd, 2023, Denver, Colorado.
5. **Ingram BM**, Kossman MK, Callahan, Williams RM, Woods AN, Gildner P, Kerr ZY, Register-Mihalik JK, A Qualitative Study of Factors and Perceptions Impacting Concussion Care Among Collegiate Club Sport Athletes. Oral presentation at the National Athletic Trainers' Association Clinical Symposium & Members' Meeting, June 2022, Philadelphia, PA.

Regional:

1. **Ingram BM**, Moran RN, The Effects of Diagnosed ADD/ADHD on Baseline Neurocognitive Performance and Symptom Reporting. Poster presentation at the Southeast Athletic Trainers' Association Clinical Symposium & Members' Meeting, March 2018, Atlanta, GA.

TEACHING EXPERIENCE

UNDERGRADUATE CORE COURSES

The University of North Carolina at Chapel Hill:

Summer 2023 **Instructor**, EXSS 175: Human Anatomy

2023 **Instructor**, EXSS 288: Emergency Care of Injury and Illness

Semesters taught:

Fall 2023

Spring 2023

2022-2023 **Graduate Research Consultant**, EXSS 273: Research in Exercise in Sport Science

Served as a consultant for a class section (comprising ~40 students) as they developed a research project with an emphasis on understanding and application of research findings.

2021-2023 **Guest Lecturer**, EXSS 265: Fundamentals of Sports Medicine

Title: Social Determinants of Health in Exercise and Sport Science

Spoke to class section (comprising ~40 students) about the intersection of social determinants of health and sports medicine.

2020-2022 **Instructor**, EXSS 275L: Human Cadaver Anatomy

This class introduces students to cadaver anatomy through exploration of topics including basic anatomy and physiology, pathology, and scientific reading. Responsible for both lecture- and lab-based instruction on a weekly basis in addition to holding weekly office hours, grading student assignments/exams, and proctoring exams.

Semesters taught:

Fall 2022
Summer 2022
Spring 2022
Fall 2021
Summer 2021
Spring 2021 (online)
Fall 2020 (online)

Summer 2021 **Guest Lecturer**, EXSS 288: Emergency Care of Injury and Illness

Title: Head, Skull, and Brain Injuries
Spoke to a class sections (comprising ~25 students) about the prevention, identification, and treatment of head, skull, and brain injuries.

UNDERGRADUATE ACTIVITY COURSES

The University of North Carolina at Chapel Hill:

Instructor, LFIT 106: Beginner Jogging

Semesters taught:

Spring 2020
Fall 2018

Instructor, LFIT 103: Aerobics

Semesters taught:

Spring 2019
Fall 2019

Instructor, LFIT 115: Cycle Fitness

Semesters taught:

Fall 2019
Fall 2018

MENTORSHIP & TRAINING OF UNDERGRADUATE RESEARCH ASSISTANTS

Summer Dunlap

Logan Swain

Cassandra Teixeira⁺

Bridget Treanor⁺

Azaria Woods⁺

⁺Served as primary mentor for research experience course credits

MASTER'S THESIS COMMITTEE MEMBERSHIP

2022-2024 Logan Ninos, Exercise & Sport Science (Athletic Training)
Thesis: "Reaction time variability between the college-aged athletic population versus the college-aged general population: A preliminary analysis"
The University of North Carolina at Chapel Hill

- 2021-2023 Megan Pierce, Exercise & Sport Science (Athletic Training)
Thesis: “Understanding Concussion Reporting Behaviors of Young Adult Athletes When the Concussion is Not Sport-Related”
The University of North Carolina at Chapel Hill
- 2020-2022 James Potter, Exercise & Sport Science (Athletic Training)
Thesis: “The Association between Acute Cervicovestibular Symptoms and Persistent Concussion Symptoms and Health-Related Quality of Life in Athletes Suffering from Mild Traumatic Brain Injury”
The University of North Carolina at Chapel Hill

SERVICE

Leadership:

- 2023-present **Classroom Policy Steering Committee, Graduate School**
- 2022-2023 **Vice President**
Interdisciplinary Health and Occupational Professionals

Service to the Profession:

- 2020-present **Continuing Education Question Writer, Journal of Athletic Training**

Ad hoc Journal Reviewer:

<u>Year</u>	<u>Impact Factor</u>	<u>Journal Title</u>
2020-2022	0.320	International Journal of Athletic Therapy and Training
2022 - present	2.416	Journal of Athletic Training

Professional Affiliations:

- 2020 – present American College of Sports Medicine (ACSM)
- 2018 – present National Athletic Trainers’ Association

PROFESSIONAL DEVELOPMENT

Seminars & Workshops:

- May 2022 **Introduction to Qualitative Data Analysis**
North Carolina Translational and Clinical Sciences Institute
The University of North Carolina at Chapel Hill

Certifications and Licensures:

- Fall 2022 **UndocuCarolina, Ally**
 Humanities for the Public Good, UNC-Chapel Hill
- Trains members of the Carolina community to learn about the effects of undocumented students.
- Fall 2022 **Mental Health First Aid**
 Department of Social Work, UNC-Chapel Hill
- Trains individuals how to identify, understand and respond to signs of mental illnesses and substance use disorders.
- Fall 2022 **Safe Zone**
 UNC LGBT Center, UNC-Chapel Hill
- Creates a network of visible allies to people who identify as part of the LGBTIQ+ and allied individuals. Training provides information and resources related to sexual orientation, gender identity, and gender expression.
- 2022 - present **CPR/AED for Professional Rescuers Instructor**
 American Red Cross
- Spring 2021 **Helping Advocates for Violence Ending Now (HAVEN)**
 Equal Opportunity and Compliance, UNC-Chapel Hill
- Provides students, faculty, staff and postdoctoral fellows with tools to be an ally to someone who has experienced sexual or interpersonal (relationship) violence or stalking.
- 2018-present **Licensed Athletic Trainer**
 North Carolina Board of Athletic Trainer Examiners
- 2018-present **Certified Athletic Trainer**
 Board of Certification (for the Athletic Trainer)
- 2018-present **National Provider Identifier**
- 2017 – present **CITI Human Subjects Research Training**
- 2015 – present **American Red Cross CPR/AED for Professional Rescuers**