

Alexandra Giacona

LCMHC, LPCC, LMHC

Registered Drama Therapist, Certified Nutritionist

Alexandra.giacona@gmail.com

200 Carraway Crossing unit 2302 Chapel Hill, NC 27516 (973) 568-8286

EDUCATION

Academy of Healing Nutrition Certified Health Coach	New York, NY	June 2016 Health and Nutrition Coaching
Lesley University Masters of Arts	Cambridge, MA Overall GPA: 3.8	May 2013 Expressive Arts concentration in Drama Therapy Specialization in Mental Health Counseling
Drew University Bachelors of Arts	Madison, NJ Overall GPA: 3.5	May 2010 Theatre Arts Major; Spanish Minor
Morristown-Beard School High School Diploma	Morristown, NJ Overall GPA: 3.7	2002-2006 Graduation with High Honors academic status

WORK EXPERIENCE

THRIVE Program

Contact Tyrell Baggett at tyrell.baggett@unchealth.unc.edu

- Provide art therapy groups for IOP program patients
- Conduct art therapy evaluation sessions for prospective patients
- Attend weekly staff meetings to help with program planning
- Excellent clinical documentation skills

Chapel Hill, NC

August 2023-Current

Art Therapy Institute- Clinical Director

Contact Hayley Oggel at executive@ncait.org

- Provide weekly supervision for staff and interns
- Assist with all company referrals
- Attend company wide events and trainings
- Cosign clinician documentation
- Assist with billing
- Assist with hiring and training
- Head of graduate intern program with UNC social work students
- Provide trainings for staff
- Stay current with legal and ethical guidelines for all clinical staff
- Provide clinician feedback for cases
- Maintain company EHR platform and provide training
- Run weekly art therapy groups for children and adults at various locations
- Assist in any clinical crises that occurs with company clients

Carrboro, NC

June 2022- July 2023

Wellspace Group Practice- Therapist, Supervisor, and Associate Lead

Contact Tara Baker at tara@wellspacef.com

- Provide psychotherapy services for approximately 20-22 clients weekly
- Experience with individuals, families, and couples

San Francisco, CA

December 2019- July 2022

- Participate in weekly management/leadership team meetings
- Excellent clinical documentation skills
- Supervise post graduate interns
- Run weekly associate intern supervision group
- Assist with hiring, training, and on boarding new staff
- Create, run and co lead first group at the practice

Paradigm Treatment Center- Private Contractor

San Rafael, CA
January 2019-March 2020

- Run weekly art therapy groups
- Conduct individual and group therapy sessions
- Carry a caseload of 2-3 family clients and conduct weekly family sessions
- Work as part of a disciplinary treatment team

Paradigm Treatment Center- Primary Therapist

San Rafael, CA
June 2018-January 2019

Contact Dustin Wagner or Maria Dahlman

dwagner@paradigmsanfrancisco.com or mdahlman@paradigmsanfrancisco.com

- Carry a case load of 3-4 clients
- Conduct daily individual and group therapy sessions
- Carry a caseload of 1-2 family clients and conduct weekly family sessions
- Help organize after care treatment planning
- Write treatment plans, biopsychosocial assessments, daily progress notes, and discharge summaries
- Write weekly insurance reviews
- Work as part of a disciplinary treatment team

Clinical Supervisor-McLean Hospital

Belmont, MA

Contact Caroline Strimaitis at 617-855-2462

- Currently supervising intern students at McLean Hospital Short Term Unit
- Weekly Skype sessions for supervision with students
- Employed through McLean Hospital and Lesley University

September 2016-May 2018

McLean Hospital- Inpatient Short Term Unit- Group Therapist/Group Coordinator

Belmont, MA
January 2016-January 2018

Contact Caroline Strimaitis LMHC at 617-855-2462

- Ran weekly therapeutic groups covering various topics for each patient
- Met with patients individually for expressive therapy and skills building sessions
- Attended daily hospital rounds to report the status of each patient
- Coordinated the weekly group schedule for the unit
- Help staff members create and run therapeutic groups
- Supervised two graduates students weekly for expressive therapy supervision
- Provided in-service presentations on various techniques in group therapy and expressive therapy
- Wrote weekly treatment plans and group notes for each patient

McLean Hospital- East House Adolescent Unit Expressive Art Therapist

Belmont, MA
August 2013-December 2015

Contact Susan Mandelbaum-Cohen LICSW at 617-855-3343

- Ran weekly therapeutic groups covering various topics for each patient
- Met with patients individually for expressive therapy sessions
- Attended hospital rounds to report the status of each patient
- Participated in family meetings with patient and treatment team

Monte Nido Eating Disorder Residential- Clinician

Medford, MA
August 2013-March 2015

Contact Karin Lewis LMFT at Karin@montenido.com

- Ran weekly groups covering various topics in eating disorders
- Participated in weekly staff meetings to discuss progress for each client
- Supervised client meals

- Provided one on one check ins for clients
- Participated in group outings to support clients out in the community

McLean Hospital- Short Term Unit-Internship

Contact Caroline Strimaitis, LMHC at 617-855-2462

Belmont, MA
Sept 2012-May 2013

- Ran creative therapeutic groups for the patients on the unit
- Conducted individual therapy sessions with patients
- Wrote group notes for each patient
- Assisted in decorating the unit and keeping the art room filled with supplies
- Attended hospital rounds every morning

Bay State Community Services- Internship

Contact Rebecca Fidler at 617-471-8400 ext:161

Quincy, MA
October 2011-May 2012

- Ran weekly drama therapy groups with emotionally disturbed teenagers
- Wrote daily reports on each client
- Answered to parents and schools reporting the progress of the clients
- Attended meetings pertaining to the clients
- Wrote monthly reports for the clients

Intern at Mental Health Assoc. Essex County

Contact Marvin Gorsky at 973-509-9777 ext: 112

Montclair, NJ
November 2010-June 2011

- Answered the agency's resource hotline, directed callers to community-based resources, and referred callers to appropriate clinical staff as needed
- Provided clinical staff with direct support in their work with school-age children with behavioral and emotional needs
- Assisted Program Manager with various tasks throughout the agency including chart filing and organizing, research, and co-facilitated COPE group
- Provided informational and crisis services for individual walk ins at the agency

Volunteer at Essex County Correctional Facility

Contact Chris Carroll at 973-761-7158

Newark, NJ
August 2010-December 2010

- Developed and conducted a drama therapy program for women who were incarcerated
- Worked with a group of sixteen women with severe trauma
- Observed a range of socio, emotional, and behavioral challenges faced by the incarcerated women

OTHER RELATED EXPERIENCE AND ACCOMPLISHMENTS

- Named employee of the month at Paradigm September 2018
- February 2015 Member Spotlight in National Drama Therapy Newsletter
- Post graduate training course in psychoanalytic in existential therapy
- Presenter at annual 2013 National Drama Therapy Conference
- Commencement Speaker for Lesley University Expressive Therapy Program 2013
- Lesley University Student Ambassador 2013-2018
- Student representative for North American Association for Drama Therapy 2011-2013