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EDUCATION

Purdue University

Doctor of Philosophy
Department of Health & Kinesiology
Specialization: Sport & Exercise Psychology
Advisor: Dr. Alan L. Smith

December 2012
West Lafayette, IN

Indiana University

Bachelor of Arts, Highest Distinction
Department of Psychology
Major: Psychology, Minors: Kinesiology, Political Science

May 2007
Bloomington, IN

RESEARCH EXPERIENCE

Teaching Associate Professor

University of North Carolina – Chapel Hill
Center for the Study of Retired Athletes (CSRA)
Matthew Gfeller Center

2022-Present
Chapel Hill, NC

Clinical Assistant Professor

University of North Carolina – Chapel Hill
Center for the Study of Retired Athletes (CSRA)
Matthew Gfeller Center

2016-2022
Chapel Hill, NC

Postdoctoral Research Associate

Research Associate
University of North Carolina – Chapel Hill
Center for the Study of Retired Athletes (CSRA)
Supervisor: Dr. Kevin Guskiewicz

2013-2016
2012-2013
Chapel Hill, NC

Research Assistant

Purdue University
College of Health & Human Sciences
Supervisor: Dr. Alan Smith

2011-2012
West Lafayette, IN

Research Assistant
Purdue University
U.S. Department of Education Carol M. White PEP Grant
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Supervisor: Dr. Alan Smith

2007-2011
West Lafayette, IN

PUBLICATIONS

Peer-Reviewed

- Barczak-Scarboro, N., **DeFreese, J. D.**, Kroshus, E., Register-Mihalik, J., & Pexa, B. (*in press*). Athlete resilience trajectories across competitive training: The influence of physical and psychological stress. *Journal of Clinical Sport Psychology*.
- Chandran, A., Nedimyer, A. K., Walton, S. R., DeCicco, J. P., Temme, K. E., Willis-Gray, M., Weight, E. A., Kerr, Z. Y., Mihalik, J. P., **DeFreese, J. D.**, & Carneiro, K. A. (*in press*). Describing reproductive and pelvic floor health in former female soccer athletes: A preliminary study. *Journal of Women's Health Physical Therapy*.
- Lempke, L. B., Walton, S. R., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., McCrea, M. A., Guskiewicz, K. M., Meehan III W. P., & Kerr, Z. Y. (2023 online ahead of print). Relating American football age of first exposure to patient-reported outcomes and medical diagnoses among former National Football League Players: An NFL-LONG study. *Sports Medicine*, doi: 10.1007/s40279-022-01795-9
- Brett, B. L., Aggarwal, N. T., Chandran, A., Kerr, Z. Y., Walton, S. R., **DeFreese, J. D.**, Guskiewicz, K. M., Echemendia, R. J., Meehan III W. P., McCrea, M. A., & Mannix, R. (2023 online ahead of print). Incorporation of concussion history as part of the Lifestyle for BRAin Health (LIBRA) modifiable factors risk score and associations with cognition in older former National Football League players, *Alzheimer's & Dementia*, doi: 10.1002/alz.12929
- Reifsteck, E., **DeFreese, J. D.**, Davis Brooks, D., Seo, Y., Beisecker, L., Rao, N., & Chandran, A. (2023 online ahead of print). "Call it an "evolution": Promoting student-athlete well-being during the transition from collegiate sport. *Journal of Athletic Training - Mental Health Special Issue*, doi: 10.4085/1062-6050-0548.22
- Kuenze, C. K., Pietrosimone, B., Currie, K. D., Walton, S. R., Kerr, Z. Y., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., McCrea, M. A., Guskiewicz, K. M., & Meehan III, W. P. (2023 online ahead of print). Joint injury and OA are associated with cardiovascular disease risk factors in former NFL athletes: An NFL-LONG study. *Journal of Athletic Training*, doi: 10.4085/1062-6050-0437.22

- Brett, B. L., Kerr, Z. Y., Chandran, A., Walton, S. R., Aggarwal, N. T., Gifford, K., Mannix, R. **DeFreese, J. D.**, ... & McCrea, M. A. (2022 online ahead of print). A dominance analysis of subjective cognitive complaint comorbidities in former professional football players with and without cognitive impairment. *Journal of International Neuropsychological Society*, 1-12, doi: 10.1017/S135561772200056X
- Kerr, Z. Y., Walton, S. R., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., McCrea, M. A., Guskiewicz, K. M., & Meehan III, W. P. (2022) Measurement implications on the association between self-reported concussion history and depression: An NFL-LONG study. *The Clinical Neuropsychologist*, 6, 1-8.
- Kerr, Z. Y., Walton, S. R., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., McCrea, M. A., Guskiewicz, K. M., & Meehan III, W. P. (2022) The stability of self-reported professional football concussion history among former players: A longitudinal NFL-LONG study. *Brain Injury*, 36, 968-976.
- Barczak-Scarboro N. E., Cole, W. R., **DeFreese, J. D.**, Fredrickson, B. L., Kiefer, A.W., Bailar-Heath, M., Burke, R. J., DeLellis, S. M., Kane, S. F., Lynch, J. H., Means, G. E., Depenbrock, P. J., & Mihalik, J. P. (2022). Active warfighter mental health lower in-mid-career. *Journal of Special Operations Medicine*, 22, 129-135.
- Barczak-Scarboro N. E., Cole, W. R., **DeFreese, J. D.**, Fredrickson, B. L., Kiefer, A.W., Bailar-Heath, M., Burke, R. J., DeLellis, S. M., Kane, S. F., Lynch, J. H., Means, G. E., Depenbrock, P. J., & Mihalik, J. P. (2022). Active warfighter resilience: A descriptive analysis. *Journal of Special Operations Medicine*, 1, 13NL-N4QW.
- DeFreese, J. D.**, Walton, S. R., Kerr, Z. Y., Brett, B. L., Chandran, A., Mannix, R., Campbell, H., Echemendia, R. J., Meehan III, W. P., McCrea, M., & Guskiewicz, K. M. (2022). Transition-related psychosocial factors and mental health outcomes in former National Football League players: An NFL-LONG study. *Journal of Sport & Exercise Psychology*, 44, 169-176.
- DeFreese, J. D.**, Visek, A. J., & Barczak-Scarboro, N. E. (*in press*). Psychological experiences during previous high school sport participation predict college students' current psychological health. *Journal of Athlete Development and Experience*.
- Long, A. S., **DeFreese, J. D.**, Bickett, A. K., & Price, D. E. (2022). Factorial validity and invariance of a depression symptom screening tool. *Journal of Athletic Training*, 57, 592-598.
- Walton, S. R., Kerr, Z. Y., Brett, B. L. Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., Meehan III, W. P., McCrea, M., & Guskiewicz, K. M. (2022). Mild cognitive impairment and dementia reported by former professional players over 50 years of age: An NFL-LONG Study. *Medicine & Science in Sports & Exercise*, 54, 424-431.

- Walton, S. R., Kerr, Z. Y., Mannix, R., Brett, B. L., Chandran, A., **DeFreese, J. D.**, McCrea, M. A., Guskiewicz, K. M., Meehan III, W. P., & Echemendia, R. J. (2022). Subjective concerns regarding the effects of sport-related concussion on long-term brain health among former NFL players: An NFL-LONG Study. *Sports Medicine*, *52*, 1189-1203.
- Brett, B. L., Kerr, Z. Y., Aggarwal, N. T., Chandran, A., Mannix, R., Walton, S. R., **DeFreese, J. D.**, Echemendia, R. J., Guskiewicz, K. M., McCrea, M., A., & Meehan III, W. P. (2022). Cumulative concussion and elevated odds of stroke in former National Football League players. *Stroke*, *53*, e5-e8.
- Brett, B. L., Kerr, Z. Y., Walton, S. R., Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., Meehan III, W. P., Guskiewicz, K. M., & McCrea, M. A. (2022). Longitudinal trajectory of depression symptom severity and the influence of concussion history and physical function over a 19-year period among former National Football League (NFL) players: An NFL-LONG Study. *Journal of Neurology, Neurosurgery, and Psychiatry*, *93*, 272-279.
- Brett, B. L., Nader, A., Kerr, Z. Y., Chandran, A., **DeFreese, J. D.**, Walton, S. R., ... & McCrea, M. A. (2022). Disparate associations of years of football participation and a metric of head impact exposure with neurobehavioral outcomes in former collegiate football players. *Journal of International Neuropsychological Society*, *28*, 22-34
- DeFreese, J. D.**, Weight, E. A., DeCicco, J. P., Nedimyer, A., K., Kerr, Z. Y., Carneiro, K. C., Mihalik, J. M., & Chandran, A. (2021). Examining a conceptual framework for transition experiences of former collegiate women's soccer athletes. *Journal of Intercollegiate Sport*, *14.2*, 1-18.
- Walton, S. R., Kerr, Z. Y., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Smith-Ryan, A. E., Stoner, L., Echemendia, R. J., McCrea, M., Meehan III, W. P., & Guskiewicz, K. M. (2021). Health-promoting behaviours and concussion history are associated with cognitive function, mood-related symptoms and emotional-behavioural dyscontrol in former NFL players: An NFL-LONG study. *British Journal of Sports Medicine*, *55*, 683-690.
- Kerr, Z. Y., Prim, J., **DeFreese, J. D.**, Thomas, L. C., Simon, J. E., Carneiro, K., Marshall, S. W., & Guskiewicz K. M. (2021). Musculoskeletal injury history is associated with lower physical and mental health in a historical cohort of former National Football League players. *Journal of Sport Rehabilitation*, *30*, 760-767.
- Brett, B. L., Walton, S. R., Kerr, Z. Y., Nelson, L. D., Chandran, A., **DeFreese, J. D.**, Echemendia, R. J., Guskiewicz, K. M., Meehan III, W. P., & McCrea, M. (2021). Distinct latent profiles of neurobehavioural, physical and psychosocial functioning of former National Football League (NFL) players: An NFL-LONG study. *Neurology, Neurosurgery, & Psychiatry*, *92*, 282-290

- DeFreese, J. D.**, Weight, E. A., Kerr, Z. Y., & Kroshus, E. (2021). Health and well-being outcomes of former NCAA student-athlete and non-athlete graduates. *Journal of Intercollegiate Sport*, *14.2*, 1-18.
- Roby, P. R., Ford, C. B., Wasserman, E. B., Rodrigo, C. J., **DeFreese, J. D.**, McCrea, M., & Mihalik, J. P. (2021). Psychological distress differs between female and male college athletes during baseline concussion assessment. *Athletic Training and Sports Health Care*, *13(5)*, e317-e322.
- DeFreese, J. D.**, & Smith, A. L. A person-centered exploration of athlete burnout across a competitive season. (2021). *Journal of Clinical Sport Psychology*, *15*, 89-104.
- Flatt, R. E., Thornton, L. M., Fitzsimmons-Craft, E. E., Balantekin, K. N., Smolar, L., Mysko, C., Wilfley, D. E., Barr Taylor, C., **DeFreese, J. D.**, Bardone-Cone, A. M., & Bulik, C. M. (2020). Comparing eating disorder characteristics and treatment in self-identified competitive athletes and non-athletes from the National Eating Disorders Association online screening tool. *The International Journal of Eating Disorders*, *54*, 365-375.
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- DeFreese, J. D.**, Baum, M. J., Schmidt, J. D., Goerger, B. M., Barczak, N., Guskiewicz, K. M., & Mihalik, J. P. (2020). Effects of college athlete life stressors on baseline concussion measures. *Journal of Sport Rehabilitation*, *29*, 976-983.
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- Waldron, S., **DeFreese, J. D.**, Register-Mihalik, J. K., Pietrosimone, B., & Barczak, N. (2020). The costs and benefits of early sport specialization: A critical review of the literature. *Quest*, *72*, 1-18.
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- McGee, V., & **DeFreese, J. D.** (2019). The coach-athlete relationship and athlete psychological outcomes. *Journal of Clinical Sport Psychology*, *13*, 152-174.
- Weight, E. A., Bonfiglio, A., **DeFreese, J. D.**, Kerr, Z., & Osborne, B. (2018). Occupational measures of former NCAA athletes and traditional students. *The International Journal of Sport Management*, *19*, 1-26.

- Kerr, Z., Register-Mihalik, J. K., Kay, M. C., **DeFreese, J. D.**, Marshall, S. W., & Guskiewicz, K. (2018). Concussion non-disclosure during professional career among a cohort of former NFL athletes. *American Journal of Sports Medicine*, *46*, 22-29.
- DeFreese, J. D.**, Dorsch, T. E., & Flitton, T. The parent-child relationship and sport parents' experiences of burnout and engagement in youth sport. (2018). *Journal of Clinical Sport Psychology*, *12*, 218-233.
- Trexler, E. T., Smith-Ryan, A. E., **DeFreese, J. D.**, Marshall, S. W., & Kerr, Z. Y. (2018). Associations between BMI change and cardiometabolic risk in retired football players. *Medicine & Science in Sports & Exercise*, *50*, 684-690.
- Kroshus E., **DeFreese, J. D.**, & Kerr, Z. Y. (2018). College athletic trainers' knowledge about the Female Athlete Triad and Relative Energy Deficiency in sport. *Journal of Athletic Training*, *53*, 51-59.
- DeFreese, J. D.**, & Barczak, N. (2017). A pilot study of trait emotional intelligence as a moderator of the associations among social perceptions, athlete burnout, and well-being. *Athletic Training and Sports Healthcare*, *9*, 246-253.
- Kroshus E., & **DeFreese, J. D.** Athlete burnout prevention strategies utilized by U.S. collegiate soccer coaches. (2017). *The Sport Psychologist*, *31*, 332-343.
- Gustafsson, H., **DeFreese, J. D.**, & Madigan, D. J. (2017). Athlete burnout: Review and recommendations. *Current Opinion in Psychology*, *16*, 109-113.
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- DeFreese, J. D.** & Mihalik, J. P. (2016). Work-based social interactions, perceived stress, and workplace incongruence as antecedents of athletic trainer burnout. *Journal of Athletic Training*, *51*, 28-34.
- Eklund, R. C., & **DeFreese, J. D.** (2015). Athlete burnout: What we know, what we could know, and how we can find out more. *International Journal of Applied Sport Science*, *27*, 63-75.

- Smith, A. L., Troped, P. T., McDonough, M. H., & **DeFreese, J. D.** (2015). Youth perceptions of how neighborhood physical environment and peers affect physical activity: A focus group study. *International Journal of Behavioral Nutrition and Physical Activity*, *12*, 80.
- Kerr Z. Y., Littleton A. C., Cox L. M., **DeFreese J. D.**, Varangis E., Lynall R. C., Schmidt J. D., Marshall S. W., & Guskiewicz K. M. (2015). Estimating contact exposure in football using the Head Impact Exposure Estimate. *Journal of Neurotrauma*, *32*, 1083-1089.
- Owlett, J. S., Richards, K. A. R., Wilson, S. R., **DeFreese, J. D.**, & Roberts, F. D. (2015). Privacy management in the military family during deployment: Adolescents' perspectives. *Journal of Family Communication*, *15*, 141-158.
- DeFreese, J. D.**, & Smith, A. L. (2014). Athlete social support, negative social interactions, and psychological health across a competitive sport season. *Journal of Sport & Exercise Psychology*, *36*, 619-630.
- Kerr, Z. Y., **DeFreese, J. D.**, & Marshall, S. W. (2014). Current physical and mental health of former collegiate athletes. *The Orthopaedic Journal of Sports Medicine*, *2*.
- Gay, J. L., Monsma, E. V., Smith, A. L., **DeFreese, J. D.** & Torres-McGehee, T. (2014). A cross-sectional assessment of growth and maturation in female athletes at a single time point. *Women in Sport and Physical Activity Journal*, *22*, 76-82.
- DeFreese, J. D.**, & Smith, A. L. (2013a). Teammate social support, burnout, and self-determined motivation in collegiate athletes. *Psychology of Sport & Exercise*, *14*, 258-265.
- DeFreese, J. D.**, & Smith, A. L. (2013b). Areas of worklife and the athlete burnout–engagement relationship. *Journal of Applied Sport Psychology*, *25*, 180-196.

Student Journal Publications

- Waldron, S., & **DeFreese, J. D.** Sport specialization and physical and psychosocial health outcomes of college students. (2018). *UNC JOURney (Journal of Undergraduate Research)*, *2*, 21-30.

In Review

Lang, B., Kerr, Z. Y., Chandran, A., Walton, S. R., Mannix, R., Lempke, L. B., **DeFreese, J. D.**, Echemendia, R. J., Guskiewicz, K. M., Meehan III, W. P., McCrea, M. A., & Brett, B. L. (*in review*). The longitudinal relationship between concussion history, years of American football participation, and alcohol use among former National Football League (NFL) players: An NFL-LONG study. *Archives of Clinical Neuropsychology*.

DeFreese, J. D., Weight, E. A., Lempke, L. B., Walton, S. R., Kerr, Z. Y., Brett, B. L., Chandran, A., Mannix, R., Echemendia, R. J., Meehan III, W. P., McCrea, M., & Guskiewicz, K. M. (*in review*). Transition (from Sport) experiences of former National Football League players: An NFL-LONG study. *Journal of Clinical Sport Psychology*.

Simon, M. B., Barczak-Scarboro, N., E., Pexa, B., Register-Mihalik, J., Kerr, Z. Y., & **DeFreese, J. D.** (*in review*). Elite student-athlete mental health symptom trajectories across a competitive season: Do training load and resilience matter? *International Journal of Sport and Exercise Psychology*.

Walton, S. R., Carneiro, K. A., Smith-Ryan, A. E., Stoner, L., Kerr, Z. Y., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Mannix, R., Lempke, L. B., Echemendia, R. J., McCrea, M. A., Guskiewicz, K. M., Meehan III, W. P. (*in review*). Health-promoting behaviors and their associations with factors related to well-being among former National Football League players: An NFL-LONG Study. *American Journal of Sports Medicine*.

In Preparation

Beisecker, L., Chandler, M. C., Harrison, P., Baez, S., Chandran, A., Brinkman, C., Aitcheson-Huehn, N., & **DeFreese, J. D.** (*in preparation*). Associations between athletic identity (past and current) and athlete mental health among self-identified athletes during the COVID-19 pandemic.

Sayers, K. G., Nedimyer, A. K. & **DeFreese, J. D.** (*in preparation*). An examination of sport-related performance anxiety in collegiate athletes: A pilot study.

Nedimyer, A. K. Chandran, A., Carneiro, K., Weight, E. A., Walton, S. R., DeCicco, J. P., Mihalik, J. P., Kerr, Z. Y., & **DeFreese, J. D.** (*in preparation*). Associations among health-related quality of life markers and life satisfaction in former collegiate women's soccer athletes.

Editorials

DeFreese, J. D., Madigan, D. J., & Gustafsson, H. (2022). An introduction to the JCSP Special Issue on Burnout in Sport and Performance. *Journal of Clinical Sport Psychology*.

DeFreese, J. D., Walton, S. R., Chandran, A., & Kerr, Z. (2021). A time for clinical transformation: Emerging implications from COVID-19 for athlete transition research and clinical practice. *Journal of Clinical Sport Psychology*, *15*, 177-184. doi: <https://doi.org/10.1123/jcsp.2021-0018>

Kerr, Z., Chandran, A., & **DeFreese, J. D.** (2019). Response to “Mortality Among Professional American-style Football Players and Professional American Baseball Players” by Weisskopf et al.: *Journal of the American Medical Association*, *2*, e194222. doi:10.1001/jamanetworkopen.2019.4222

DeFreese, J. D. (2017). Athlete mental health care within the biopsychosocial model (2017). *Athletic Training and Sports Healthcare*, *9*, 243-245.

Book Chapters

Madigan, D. J., & **DeFreese, J. D.** (*in review*). Athlete Burnout: A Review of Longitudinal Research and Practical Example. R. Vaughan (Ed.), *Sport and Exercise Psychology: A Student's Guide to Understanding and Conducting Research*.

DeFreese, J. D., & Habeeb C. M. (2023). The Social Network and the Coach. In I. Nixdorf, J. Beckmann, T. MacIntyre, S. Martin, & R. Nixdorf (Eds.), *Routledge Handbook of Mental Health in Elite Sport*.

DeFreese, J. D., & Shannon, J. (2022). The Role of Athletic Identity Foreclosure in the Development of Poor Athlete Mental Health. In N. Campbell, A. Brady, & Tincknell-Smith, A. (Eds.), *Developing and Supporting the Holistic Well-Being of Athletes, Person First, Athlete Second* (pp. 239-256). London: Routledge.

Eklund, R. C., & **DeFreese, J. D.** (2021). Fatigue, Overtraining, and Burnout. In I. Basevitch & E. Filho (Eds.), *The Unknown in Sport, Exercise, and Performance Psychology: Research Questions to Move the Field Forward*.

DeFreese, J. D., & Eklund, R. C. (2021). Burnout In R. Arnold & D. Fletcher (Eds.), *Stress, Well-Being, and Performance in Sport*.

DeFreese, J. D., Raedeke, T.D., & Smith, A. L. (2020). Athlete Burnout: An Individual and Organizational Phenomenon. In J. M. Williams & V. Krane (Eds.), *Applied Sport Psychology (8th Edition)*, New York: McGraw-Hill.

Eklund R. C., & **DeFreese, J. D.** Athlete Burnout (2020). In G. Tenenbaum & R. C. Eklund (Eds.), *Handbook of Sport Psychology (4th Edition)*.

DeFreese, J. D., & Eklund, R. C. Burnout (2019). In A. Mugford & A. Cremades (Eds.), *Sport, Exercise, and Performance Psychology: Theories and Applications* (pp. 110-126), New York: Routledge.

Eklund R. C., & **DeFreese, J. D.** Burnout in Sport and Performance (2019). In E. Acevedo (Ed.) *Oxford Encyclopedia of Sport, Exercise, and Performance Psychology*. Cary, NC: Oxford University Press.

Arvinen-Barrow, M., Hamson-Utley, J., & **DeFreese, J. D.** Sport Injury, Rehabilitation and Return to Sport (2018). In J. M. Taylor (Ed.), *Assessment in Applied Sport Psychology* (pp. 183-198), Champaign, IL: Human Kinetics.

DeFreese, J. D., Raedeke, T. D., & Smith, A. L. Individual and Organizational Solutions to Athlete Burnout (2015). In J. M. Williams & V. Krane (Eds.), *Applied Sport Psychology (7th Edition)*, pp. 444-461), New York: McGraw-Hill.

Media References

McCormick, B. 'You have to be ready to deal with it': UNC men's tennis discusses combatting anxiety on the court. April 12, 2023. [dailytarheel.com](https://www.dailytarheel.com)

Summers, J., O'Connor, G., & Fox, K. Why some pro athlete (like Tom Brady) seem unable to stay retired. March 15, 2022. NPR – All Things Considered.

Parris, A. Tired of your sport? It could be burnout. REI Co-Op Journal. March 13, 2019. <https://www.rei.com/blog/hike/tired-of-your-sport-it-could-be-burnout>

PRESENTATIONS

Refereed – Verbal

DeFreese, J. D., Weight, E. A., Carneiro, K. A., Nedimyer, A. K., Walton, S. R., DeCicco, J. P., Mihalik, J. P., Kerr, Z. Y., & Chandran, A. (2022). *Transition factors, sport-related injury histories, and life satisfaction in former collegiate women's soccer athletes*. Paper presented at the annual meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Hawaii.

DeFreese, J. D., Barczak-Scarboro, N., Chandran, A., Carneiro, K., Kerr, Z. Y., & Guskiewicz, K. (2021). *Athletic identity, social perceptions, and psychological outcomes of former elite American football athletes*. Paper presented at the annual meeting for the Association for Applied Sport Psychology (AASP), Las Vegas, NV.
Conference transitioned to virtual poster presentation due to COVID-19 pandemic.

- DeFreese, J. D.**, Walton, S. R., Kerr, Z. Y., Brett, B. L., Chandran, A., McCrea, M., & Guskiewicz, K. M. (2020). *Psychosocial factors and concussion in former collegiate athletes: Relationship status, concussion history, and health-related quality of life*. Paper presented at the annual meeting for NASPSPA, Vancouver, BC. *Conference transitioned to virtual poster presentation with audio due to COVID-19 pandemic*.
- Kay, M. C., **DeFreese, J. D.**, Kerr, Z. Y., Kucera, K. L., Petschauer, M. A., & Register-Mihalik, J. K. (2020). *Concussion-related decision-making: Barriers to optimal healthcare delivery*. Paper presented at the annual meeting for NASPSPA, Vancouver, BC. *Conference transitioned to virtual poster presentation with audio due to COVID-19 pandemic*.
- Baez, S. E., & **DeFreese, J. D.** (2020). *Primary motor cortex activation and injury-related fear in patients after anterior cruciate ligament reconstruction*. Paper published in the proceedings for the annual meeting for NASPSPA, Vancouver, BC. *Conference transitioned to virtual due to COVID-19 pandemic*.
- Kay, M. C., Ribisl, K. M. Kucera, K. L., **DeFreese, J. D.**, Kerr, Z. Y., Petschauer, M. A., & Register-Mihalik, J. K. (2020). *Development and initial testing of a theory-based intervention to improve athlete training students' concussion-related decision-making intentions*. Paper presented at the National Athletic Trainers' Association (NATA) Annual Meeting & Clinical Symposia. Atlanta, GA.
- Simon, M. B., **DeFreese, J. D.**, Register-Mihalik, J. K., Kerr, Z. Y., Barczak, N., & Pexa, B. S. (2019). *Pilot study of mental health symptoms in collegiate student-athletes*. Paper presented at the NATA Annual Meeting & Clinical Symposia. Las Vegas, NV.
- DeFreese, J. D.**, Barczak, N., Register-Mihalik, J., & Kroshus, E. (2018). *Examining psychological stress and coping perceptions as predictors of athlete engagement*. Paper presented at the annual meeting for the AASP, Toronto, Canada.
- Barczak, N., **DeFreese, J. D.**, Kroshus, E., Register-Mihalik, J., & Waldron, S. (2018). *Linear and nonlinear trajectories of athlete resilience during competitive training*. Paper presented at the annual meeting for the North Carolina Cognition Conference, UNC-Chapel Hill.
- DeFreese, J. D.**, Barczak, N., Register-Mihalik, J., Kroshus, E., & Waldron, S. (2018). *Social perceptions, sport-specific coping, and burnout in American collegiate club athletes*. Paper presented at the annual meeting for NASPSPA, Denver, CO.
- Barczak, N., **DeFreese, J. D.**, Kroshus, E., Register-Mihalik, J., & Waldron, S. (2018). *Linear and nonlinear trajectories of athlete resilience during competitive training*. Paper presented at the annual meeting for the NASPSPA, Denver, CO.

- Waldron, S., **DeFreese, J. D.**, Pietrosimone, B. G., Register-Mihalik, J., & Barczak, N. (2018). *Exploring early sport specialization: Associations with athlete burnout*. Paper presented at the annual meeting for the NASPSPA, Denver, CO.
- DeFreese, J. D.**, Weight, E., Kerr, Z., Kroshus, E. (2017). *Health and well-being outcomes of former NCAA athletes and non-athletes*. Paper presented at the annual meeting for the College Sport Research Institute Conference on College Sport, Columbia, SC.
- DeFreese, J. D.**, Dorsch, T. D., & Flitton, F. (2015). *Associations among markers of the parent-child relationship and parent experiences of burnout and engagement in organized youth sport*. Paper presented at the annual meeting for the NASPSPA, Portland, Oregon.
- DeFreese, J. D.**, Cox, L. M., & Guskiewicz, K. M. (2014). *Relationship status and mental and physical functioning in a targeted sample of former professional football athletes*. Paper presented at the annual meeting for the NASPSPA, Minneapolis, Minnesota. [abstract published in *Journal of Sport & Exercise Psychology*, 36, S86]
- DeFreese, J. D.** & Smith, A. L. (2013). *Social support, negative social interactions, and the perceived stress-athlete burnout relationship*. Paper presented at the annual meeting for the NASPSPA, New Orleans, Louisiana. [abstract published in *Journal of Sport & Exercise Psychology*, 35, S13]
- DeFreese, J. D.** & Smith, A. L. (2013). *Sport-based social interactions and the athlete burnout-subjective well-being relationship*. Paper presented at the annual meeting for the NASPSPA, New Orleans, Louisiana. [abstract published in *Journal of Sport & Exercise Psychology*, 35, S82]
- DeFreese, J. D.** & Smith, A. L. (2013). *A person-centered approach to the examination of athlete burnout development*. Paper presented at the annual meeting for the NASPSPA, New Orleans, Louisiana. [abstract published in *Journal of Sport & Exercise Psychology*, 35, S82]
- Owlett, J. S., Richards, K. A., **DeFreese, J. D.**, Wilson, S. R., Roberts, F. D. & Miller, K. D. (2012). Extending communication privacy management theory: Topic avoidance and privacy rules in military adolescents' experiences of deployment. Paper presented at the annual convention of the National Communication Association, Orlando, Florida.
- DeFreese, J. D.** & Smith, A. L. (2011). *Teammate social support, self-determined motivation, and athlete burnout*. Paper presented at the annual meeting for the NASPSPA, Burlington, Vermont. [abstract published in *Journal of Sport & Exercise Psychology*, 33, S140-141]

DeFreese, J. D. (2011). *Teammate social support, self-determined motivation, and athlete burnout*. Paper presented at the Midwest Sport and Exercise Psychology Symposium, Oxford, Ohio.

DeFreese, J. D. (2010). *Athletes' evaluations of supportive messages for burned-out teammates*. Paper presented at the Midwest Sport and Exercise Psychology Symposium, Muncie, Indiana.

DeFreese, J. D., & Smith, A. L. (2009). *The areas of worklife and the athlete burnout-engagement relationship*. Paper presented at the annual meeting for the NASPSPA, Austin, Texas. [abstract published in *Journal of Sport & Exercise Psychology*, 31, S116]

Smith, A. L., Sampson, M., **DeFreese, J. D.**, Blankenship, B. T., & Templin, T. J. (2009). *Peer victimization and student motivation in middle-school physical education*. Paper presented at the annual meeting for the NASPSPA, Austin, Texas. [abstract published in *Journal of Sport & Exercise Psychology*, 31, S137]

DeFreese, J. D., & Smith, A. L. (2009). *The areas of worklife and the athlete burnout–engagement relationship*. Paper presented at the Midwest Sport and Exercise Psychology Symposium, Bowling Green, Ohio.

Invited – Verbal

DeFreese, J. D. (2023). *Athlete transition*. Paper presented at the UNC Mental Health & Performance Psychology Didactic Seminar, Chapel Hill, North Carolina.

DeFreese, J. D. (2023). *Athlete transition*. Paper presented at the EXSS Scholarly Seminar Showcase, Chapel Hill, North Carolina.

DeFreese, J. D. (2023). *Athlete transition: A research to practice dialogue to inform student-athlete care*. Paper presented at the Sports Medicine Lunch & Learn Faculty Lecture Series, Chapel Hill, North Carolina.

DeFreese, J. D. (2023). *Understanding the whole athlete: Intersecting psychological, social, and physical function*. Paper presented at the 6th Annual Matthew Gfeller Neurotrauma Symposium, Chapel Hill, North Carolina.

DeFreese, J. D. (2019). *Sport psychology*. Paper presented at North Carolina Central University. Durham, North Carolina.

DeFreese, J. D. (2019). *The psychology of concussion: Psychosocial considerations*. Paper presented at the 5th Annual Matthew Gfeller Neurotrauma Symposium, Chapel Hill, North Carolina.

DeFreese, J. D. (2017). *Mental health and the collegiate student-athlete*. Paper presented at Elon BrainCARE, Elon, North Carolina.

DeFreese, J. D. (2017). *Psychosocial considerations: Beyond the injury*. Paper presented at the 4th Annual Matthew Gfeller Neurotrauma Symposium, Chapel Hill, North Carolina.

Refereed – Poster

DeFreese, J. D., Beisecker, L., Josephson, M., & Chandran, A (2023). Psychosocial and physical functioning of currently and prospectively transitioning collegiate athletes. Paper accepted for presentation at the annual meeting for NASPSPA, Toronto, ON.

Thomas, E. G., Beisecker, L., & **DeFreese, J. D.** (2023). PAUSE-Cardio: Moderate-intensity exercise intervention for women’s sport student-athletes transitioning into college and collegiate sport. Paper accepted for presentation at the annual meeting for NASPSPA, Toronto, ON.

Beisecker, L., Chandran, A., & **DeFreese, J. D.** (2023). *Transition planning, athletic identity, and mental health among former female high school athletes*. Paper accepted for presentation at the APA Conference, Washington, D. C.

DeFreese, J. D., Beisecker, L, Chandran, A., & Baez, S. (2022). *Athlete identity, burnout, and psychological health in self-identified athletes during COVID-19*. Paper presented at the American Psychological Association (APA) Conference, Minneapolis, MN.

Beisecker, B. Chandler, M. C., Barczak-Scarboro, N., Kroshus, E., Register-Mihalik, J., & **DeFreese, J. D.** (2022). *Associations between burnout, perceived sport stress, and intrinsic motivation among female-identified collegiate club sport athletes: A pilot study*. Paper presented at the annual meeting for NASPSPA, Hawaii.

Beisecker, L. Callahan, C. E., Register-Mihalik, J., & **DeFreese, J. D.** (2022). *Willingness to use telehealth among female-identified participants: A pilot study*. Paper accepted for presentation at the APA Conference, Minneapolis, MN.

Callahan, C. E., **DeFreese, J. D.**, Duquette, P., Beisecker, L., & Register-Mihalik, J. K. (2022). *Associations among concussion history, mental health history, mental health perceptions, and psychotherapy readiness*. Paper presented at the NATA Annual Meeting & Clinical Symposia, Philadelphia, PA.

Callahan, C.E., **DeFreese, J. D.**, Duquette, P., Beisecker, L., & Register-Mihalik, J. K. (2022). *Associations among seeking mental health treatment post-concussion, mental health perceptions, and psychotherapy readiness in those with a concussion history*. Paper presented at the 2022 American College of Sports Medicine Annual Meeting (ACSM), San Diego, CA.

- Nedimyer, A. K., Walton, S. R., Carneiro, K. A., Weight, E. A., Mihalik, J. P., Kerr, Z. Y., **DeFreese, J. D.**, Chandran, A. (2022). *Physical activity in former elite women's soccer athletes*. Paper presented at the 2022 ACSM, San Diego, CA.
- Chandran, A., Boltz, A. J., Walton, S. R., Robison, H. J., Nedimyer, A., K., Kerr, Z. Y., Weight, E. A., Collins, C. L., Mihalik, J. P., **DeFreese, J. D.**, & Carneiro, K. A. (2022). *Injury incidence and health status among female soccer athletes across the lifespan: Insights from injury surveillance and a general health survey of former women's soccer athletes*. Paper presented at the annual meeting for the Society for Advancement of Violence and Injury Research (SAVIR), Washington, D.C.
- Genoese-Strathe, F. M., **DeFreese, J. D.**, Hoch, M. C., Hoch, J. M., & Baez, S. E. (2021). *No sex differences in knee self-efficacy in patients after anterior cruciate ligament reconstruction*. Paper presented at the annual meeting for the AASP, Las Vegas, NV. *Conference transitioned to virtual poster presentation due to COVID-19 pandemic*.
- DeFreese, J. D.**, & Baez, S. (2021). *Examining profiles of collegiate athlete psychosocial factors and burnout and their associations with injury status and psychological well-being*. Paper presented at the annual meeting for the NASPSPA, Virtual Conference due to COVID-19 pandemic.
- DeFreese, J. D.**, Walton, S. R., Kerr, Z. Y., Brett, B. L., Chandran, A., Mannix, R., Campbell, H. Echemendia, R. J., McCrea, M., Meehan III, W. P., & Guskiewicz, K. M. (2021). *Transition experiences of former NFL players: An NFL-LONG study*. Paper presented at the APA Conference, Virtual Conference due to COVID-19 pandemic.
- Walton, S. R., Brett, B. L., Kerr Z. Y., Hunt, C., **DeFreese, J. D.**, Chandran, A., Mannix, R., Echemendia, R. J., Meehan III, W. P., McCrea, M., & Guskiewicz, K. M. (2021). *Stability of intrinsic and extrinsic factors associated with well-being across decades of life in former National Football League players*. Paper presented at the NATA Annual Meeting & Clinical Symposia, Virtual Conference due to COVID-19 pandemic.
- Walton, S. R., Brett, B. L., Kerr, Z. Y., **DeFreese, J. D.**, Chandran, A., Mannix, R., Echemendia, R. J., Meehan III, W. P., McCrea, M., & Guskiewicz, K. M. (2021). *Changes in health over 18-years and in relation to concussion history in former NFL players*. Paper presented at the annual meeting for the ACSM, Virtual Conference due to COVID-19 pandemic.
- Kerr, Z. Y., Walton, S. R., Brett, B. L., Chandran, A., **DeFreese, J. D.**, Mannix, R., Echemendia, R. J., Meehan III, W. P., McCrea, M., & Guskiewicz, K. M. (2021). *Depression and lifetime concussion history among former National Football League players over 50 years of age: An NFL-LONG study*. Paper presented at the annual meeting for the ACSM, Virtual Conference due to COVID-19 pandemic.

Kay, M. C., Kerr, Z. Y., **DeFreese, J. D.**, Petschauer, M. A., Kucera, K. L., & Register-Mihalik, J. K. (2021). *Sociocultural and demographic factors associated with the future educational goals of athletic training students*. Paper presented at the NATA Annual Meeting & Clinical Symposia, Virtual Conference due to COVID-19 pandemic.

Kay, M. C., Kerr, Z. Y., **DeFreese, J. D.**, Petschauer, M. A., Kucera, K. L., & Register-Mihalik, J. K. (2020). *Sociocultural and demographic factors associated with the educational preparation and goals of athletic training students*. Paper presented at the annual meeting for the SAVIR, Philadelphia, PA. *Conference transitioned to virtual poster presentation due to COVID-19 pandemic*.

Kay, M. C., Kerr, Z. Y., Kucera, K. L., **DeFreese, J. D.**, Petschauer, M. A., & Register-Mihalik, J. K. (2020). *Influence of demographic factors on concussion-related decision-making by certified athletic trainers*. Paper presented at the annual meeting for the ACSM, San Francisco, CA. *Conference canceled due to COVID-19 pandemic.*

DeFreese, J. D., & Baez, S. E. (2020). *Injury status and athlete burnout in collegiate athletes*. Paper presented at the APA conference, Washington, DC. *Conference transitioned to virtual poster presentation due to COVID-19 pandemic.* ***Abstract selected for 2020 American Psychological Association Division 47 Professional Poster Award***

Baez, S. E., & **DeFreese, J. D.** (2020). *Neuroplasticity, injury-related fear, and activation of daily living in females after anterior cruciate ligament reconstruction*. Paper published in the proceedings for the annual meeting for NASPSPA, Vancouver, BC. *Conference transitioned to virtual due to COVID-19 pandemic*.

DeFreese, J. D., & Baez, S. E. (2020). *Injury and burnout in collegiate athletes*. Paper presented at the 2020 University of North Carolina-Wilmington College of Health and Human Services Research and Innovation Day, Wilmington, NC. *Conference transitioned to virtual poster presentation with audio due to COVID-19 pandemic*.

DeFreese, J. D., Kerr, Z. Y., McCrea, M., & Guskiewicz, K. M. (2019). *Former collegiate football athlete mental and physical functioning*. Paper presented at the APA conference, Chicago, IL. ***Abstract selected for 2019 American Psychological Association Division 47 Professional Poster Award***

DeFreese, J. D., & Barczak, N. (2019). *Psychometric properties of the Athlete Burnout Questionnaire in two retrospective samples*. Paper presented at the annual meeting for the NASPSPA, Baltimore, MD.

DeFreese, J. D. & Morris, K. (2019). *Pilot study of athlete burnout knowledge*. Paper presented at the 2019 University of North Carolina-Wilmington College of Health and Human Services Research and Innovation Day, Wilmington, NC.

- Colletti, D., Blazo, J.A., & **DeFreese, J. D.** (2018). *Parent passion and youth sport burnout*. Paper presented at the 40th Anniversary Institute for the Study of Youth Sports (ISYS) Conference, East Lansing, MI.
- Waldron, S., **DeFreese, J. D.**, Register-Mihalik, J. K., Pietrosimone, B., & Barczak, N. (2018). *Associations between athletes' reasons for specializing and burnout*. Paper presented at the 40th Anniversary ISYS Conference, East Lansing, MI.
- Waldron, S., **DeFreese, J. D.**, Pietrosimone, B. G., Register-Mihalik, J., & Barczak, N. (2018). *Why specialize?: Impact of athletes' reasons for specializing on psychological outcomes*. Paper presented at the annual meeting for the NASPSPA, Denver, CO.
- Waldron, S., **DeFreese, J. D.**, Pietrosimone, B. G., Register-Mihalik, J., & Barczak, N. (2018). *Exploring early sport specialization: Associations with burnout and injury*. Paper presented at Human Movement Science Day. UNC-Chapel Hill.
- DeFreese, J. D.**, Barczak, N., Register-Mihalik, J., & Kroshus, E. (2018). *Psychological and social predictors of burnout in American collegiate club athletes*. Paper presented at the 2018 University of North Carolina-Wilmington College of Health and Human Services Research and Innovation Day, Wilmington, NC.
- Barczak, N. & **DeFreese, J. D.** (2017). *Longitudinal tracking of biopsychosocial predictors of burnout in collegiate athletes: A pilot study*. Paper presented at the annual meeting for AASP, Orlando, FL.
- Barczak, N. & **DeFreese, J. D.** (2017). *Resilience and non-training biometric markers in female collegiate club athletes*. Paper presented at the annual meeting for AASP, Orlando, FL.
- DeFreese, J. D.**, Auslander, M., & Dorsch, T. E. (2017). *The global parent-child relationship and sport parent burnout and engagement: A pilot study*. Paper presented at the annual meeting for AASP, Orlando, FL.
- DeFreese, J. D.**, Barczak, N., Romaine, A., Thomas, L., Baucom, D., Kerr, Z., & Guskiewicz, K. (2017). *Athlete burnout, romantic relationship quality and lifespan psychological health outcomes in former elite American football athletes*. Paper presented at the annual meeting for the NASPSPA, San Diego, CA.
- Barczak, N., & **DeFreese, J. D.** (2017). *High school sport participation and current college student psychosocial health*. Paper presented at the annual meeting for the NASPSPA, San Diego, CA.
- Barczak, N., Barker, A., **DeFreese, J. D.**, Dorsch, T. E., & Lyons, L. K. (2017). *The association of scholarship status with sport- and school-oriented motivational outcomes in collegiate student-athletes*. Paper presented at the annual meeting for the NASPSPA, San Diego, CA.

- DeFreese, J. D.**, Baucom, D., Thomas, L., Romaine, A., & Guskiewicz, K. (2016). *Pilot study of romantic relationship quality and life satisfaction in former American professional football athletes*. Paper presented at the annual meeting for AASP, Phoenix, AZ.
- Smith, L., **DeFreese, J. D.**, Fraser, M. A., Mihalik, J. P., & Kucera, K. L. (2016). *Associations among optimism, affect, life satisfaction and burnout in collegiate athletes*. Paper presented at the annual meeting for AASP, Phoenix, AZ.
- DeFreese, J. D.**, Little, S., Bhadury, A., Ritter, N., & Johnson, A. (2016). *Associations among emotional intelligence, social perceptions, burnout and well-being in collegiate athletics*. Paper presented at the annual meeting for the NASPSPA, Montreal, Canada.
- McGee, V., **DeFreese, J. D.**, Pietrosimone, B. G., & Myers, J. B. (2016). *The coach-athlete relationship and athlete psychological health outcomes*. Paper presented at the annual meeting for the NASPSPA, Montreal, Canada.
- DeFreese, J. D.**, Thompson, K. L., Kerr, Z. Y., Cox Thomas, L. & Guskiewicz, K. M. (2015). *Mental health outcomes of former collegiate and professional football athletes: Association with age of first exposure to football*. Paper presented at the annual meeting for the Association for AASP, Indianapolis, Indiana.
- Blackburn J. T., Harkey M. S., Luc B. A., Golightly Y. M., **DeFreese J. D.**, Padua D. A., Bennell K. L., Pietrosimone B. *Awareness of posttraumatic osteoarthritis in certified athletic trainers: Influence of previous injury*. Paper presented at the 2015 National Athletic Trainers' Association Annual Meeting & Clinical Symposia, St. Louis, MO. [abstract published in *Journal of Athletic Training*, June 2015, 50(6) S-290]
- Pietrosimone B, Blackburn J. T., Harkey M. S., Luc B. A., Golightly Y. M., **DeFreese J. D.**, Padua D. A., Bennell K. L. *Perception of knee osteoarthritis as a major health concern in certified athletic trainers: Influence of athletic trainers' perceptions of education and treatment of patients with knee injury*. Paper presented at the 2015 National Athletic Trainers' Association Annual Meeting & Clinical Symposia, St. Louis, MO. [abstract published in *Journal of Athletic Training*, June 2015, 50(6) S-291]
- DeFreese, J. D.**, Kerr, Z. Y., Baucom, D. H., & Guskiewicz, K. M. (2015). *Relationships status and mental and physical functioning in former professional football athletes across a ten year study period*. Paper presented at the annual meeting for the NASPSPA, Portland, Oregon.
- Hughes, P. B., Kerr, Z. Y., & **DeFreese, J. D.** (2015). *Associations among athlete burnout and markers of athletic injury*. Paper presented at the annual meeting for the NASPSPA, Portland, Oregon.

DeFreese, J. D. & Smith, A. L. (2012). *Early season sport-based social interactions and athlete burnout and well-being*. Paper presented at the annual meeting for the NASPSPA, Honolulu, Hawaii. [abstract published in *Journal of Sport & Exercise Psychology*, 34, S220-221]

Smith, A. L., Troped, P. J., McDonough, M. H., & **DeFreese, J. D.** (2011). *Youth perceptions of neighborhood physical environment and peer availability as contributors to physical activity behavior*. Paper presented at the annual meeting for the NASPSPA, Burlington, Vermont. [abstract published in *Journal of Sport & Exercise Psychology*, 33, S186]

Refereed Symposia

Innovation & aging athletes: Current play surveillance to lifespan psychosocial health interventions (2023). Symposium accepted for presentation at the APA Conference, Washington, D.C. – Organizer & Presenter.

Collegiate student-athlete health and well-being during transition from sport (2023). Symposium accepted for presentation at the annual meeting for NASPSPA, Toronto, ON. – Lead Discussant, PhD Student Beisecker – Organizer.

The psychology of concussion in college sport: Understanding psychosocial factors impacting athletes, coaches, and sports medicine professionals (2020). Symposium presented at the annual meeting for NASPSPA, Vancouver, BC. *Abstracts presented as separated virtual presentations due to COVID-19 pandemic* [abstract to be published in *Journal of Sport & Exercise Psychology*] – Organizer & Presenter.

Advances in sport-based burnout research (2013). Symposium presented at the annual meeting for the NASPSPA, New Orleans, LA. [abstract published in *Journal of Sport & Exercise Psychology*, 35, S13] – Organizer & Presenter.

Conference Moderation

Conference Online Presentation Moderation 2020
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
Virtual Conference

Verbal Presentation Session Moderator 2018
NASPSPA, Denver, Colorado

Poster Session Moderator 2015
NASPSPA, Portland, Oregon

Verbal Presentation Session Moderator 2013
Concussion Symposium: Female Athletes and Injury: Prevention, Treatment & Recovery Program for the Advancement of Girls and Women in Sport in Physical Activity, UNC-Greensboro

Service

DeFreese, J. D. (2015). *Introduction to sport & exercise psychology: Important topics for athletes and coaches*. Invited presentation for Visitors from Cayman Islands, Chapel Hill, North Carolina.

DeFreese, J. D. (2011). *Overtraining, burnout, and work/life balance in triathlon*. Invited presentation for TriTippecanoe Spring Symposium, West Lafayette, Indiana.

DeFreese, J. D. (2010). *Anxiety and equestrian performance*. Invited presentation for the Purdue Equestrian Team, West Lafayette, Indiana.

Dorsch, T. E., & **DeFreese, J. D.** (2009). *Goal setting*. Invited presentation for the Purdue Athletes Life Success Program, West Lafayette, Indiana.

GRANTS

Funded Submissions

ACC Innovation Initiative Research Grant Fall 2021-Fall 2022
DeFreese, J. D., & Chandran, A.
Transition experiences of ACC student-athletes, PI (\$6,695).

NCTraCS Stakeholder Engagement \$2K Voucher Program Fall 2021-Fall 2022
DeFreese, J. D., & Chandran, A.
Former female athlete health and well-being: Epidemiology to intervention,
Co-PI (\$1,980).

UNC-CH Junior Faculty Development Grant Fall 2020-Fall 2021
DeFreese, J. D.
General health survey for retired female soccer athletes, PI (\$10,000).

Association for Applied Sport Psychology (AASP) Summer 2020-Spring 2022
Collaborative Research Grant
DeFreese, J. D., & Shannon, J.
Identify, Connect, And REfer, (ICARE): A pilot mental health gatekeeper training program for college coaches, Co-PI (\$2,500).

Summer School Teaching with Technology Mini-Grant Program, Summer 2020
DeFreese, J. D., PI (\$750).

APA Division 47 Early Career Travel Award Spring 2019
DeFreese, J. D., PI (\$250).

Research-Related Skills Courses Initiative Spring 2018
DeFreese, J. D.
Research-related skills course proposal: Critical analysis of literature in sport & exercise psychology (EXSS 397), PI (\$3,000).

Unfunded Submissions

NSF Spring 2023
Together WELL: Establishing a comprehensive database system for measurement and analysis of lifespan wellness among women
Chandran, A., **DeFreese, J. D.**, Site PI (490,810).

NCAA Innovations in Research and Practice Grant Program Spring 2023
ICARE-NEXT: Identify, Connect, and Refer: A Novel EXTension of a pilot mental health gatekeeper training program for collegiate sport
DeFreese, J. D., Shannon, J., Habeeb, C., Nicholson, J., Wicker McCree, I., & Weight, E. Co-PI (\$35,000).

Institute for Arts & Humanities Fixed-Term Faculty Support Fund Spring 2023
Athlete transition experiences: Impacts on mental, physical, and social functioning
DeFreese, J. D., PI (2,450).

PCORI: Healthy Aging PFA Fall 2022
Health, Engagement, Awareness, & Reinvigoration, Together (HEART) initiative
Chandran, A., **DeFreese, J. D.**, Co-PI (\$2,473,282).

NCAA Innovations in Research and Practice Grant Program Spring 2022
ICARE-NEXT: Identify, Connect, and Refer: A Novel EXTension of a pilot mental health gatekeeper training program for collegiate sport
DeFreese, J. D., Shannon, J., Habeeb, C., Morris, K., Nicholson, J., Weight, E., & Wicker McCree, I., Co-PI (\$29, 916).

UNC System Digital CURES Grant Fall 2020
Digital CUREs in kinesiology: Maximizing student success, competencies, and technological mastery through research
Habeeb, C. M., Murray, N., **DeFreese, J. D.**, & Raisbeck, L., Co-I (\$23,166).

- ACC Innovation Research Grant Program Fall 2020
DeFreese, J. D., & Kerr, Z. Y.
ABCs (Attitudes, Behaviors, Current status) of Student-Athlete Mental Health during the COVID-19 pandemic, Co-PI (\$7,412).
- USA Lacrosse Sport Science & Safety Research Grant Spring 2020
DeFreese, J. D., Baez, S., & Chandran, A.
Youth Lacrosse – Research on Athlete Injury, Specialization, and Experiences of burnout (RAISE) Study, Co-PI (\$35,000) – *Submission halted post-LOI as funder announced lack of funding for mechanism due to COVID-19 pandemic*
- UNC-CH Junior Faculty Development Grant Fall 2019
DeFreese, J. D.
Development and Implementation of a General Health Survey for Retired Female Soccer Athletes, PI (\$10,000).
- UNC-CH Creativity Hubs Pilot Pre-Proposal Fall 2019
DeFreese, J. D., Hussong, A., Knotek, S., Schulke, J., Terrell, T., & Shannon, J.
Sport-Based Coach Intervention for Enhancing High School Athlete Mental Health Recognition, Response, and Referral: Leveraging Technology and Art to Enhance Adolescent Mental Health Outcomes, PI (\$5,000).
- NCAA Innovation in Research and Practice Grant Fall 2019
DeFreese, J. D., & Shannon, J.
Identify, Connect, And REfer, (ICARE): A Pilot Mental Health Gatekeeper Training Program for College Coaches, Co-PI (\$24,988).
- UNC-CH Junior Faculty Development Grant Fall 2018
DeFreese, J. D.
Development and Implementation of a General Health Survey for Retired Female Soccer Athletes, PI (\$9,500).
- NCAA Innovations in Research and Practice Grant Fall 2018
DeFreese, J. D., & Shannon, J.
Identify, Connect, And REfer, (ICARE): A Pilot Mental Health Gatekeeper Training Program for Collegiate Athletics, Co-PI (\$22,476).
- NCAA Innovations in Research and Practice Grant Fall 2018
Chandran, A., Kerr, Z, **DeFreese, J. D.**, Carneiro, K.
The Development and Administration of a General Health Survey for Former Female Student-Athletes, Co-I (\$24,490).

- UNC-CH Undergraduate Research Program Award Spring 2017
DeFreese, J. D.
 Re-Designing EXSS 181, Sport & Exercise Psychology: A CURE Class Partnering UNC-Chapel Hill Students and Community Youth Sport Leagues to Enhance Coaching Effectiveness, PI (\$9,430).
- NCAA Innovations in Research and Practice Grant Fall 2017
DeFreese, J. D., & Shannon, J.
Student-Athlete Behavioral Health and Well-Being Intervention Program, PI (\$24,634).
- NCAA Innovations in Research and Practice Grant Fall 2016
DeFreese, J. D., & Kroshus, E.
Athlete Burnout Identification & Action (ABIA) Pilot Program, PI (\$24,403).
- NATA Foundation General Research Grant – Pre-Proposal Fall 2016
DeFreese, J. D., Kroshus, E., & Register-Mihalik, J. K.
Longitudinal Athlete Health Monitoring Program (LAMP)
- NCAA Innovations in Research and Practice Grant Fall 2015
DeFreese, J. D., Kroshus, E., & Guskiewicz, K. M.
Longitudinal Athlete Burnout Monitoring Program (LAMP): Tracking psychosocial and behavioral predictors of collegiate athlete burnout to inform best practice monitoring and prevention strategies, PI (\$48,289).
- NCTraCS 2K Pilot Grant Fall 2015
DeFreese, J. D., Baucom, D. & Guskiewicz, K. M.
Couple-based former Athlete depression Treatment (CLEAT) program: Pilot study for a couple-based intervention for depression in former elite football athletes. PI (\$1,800).
- NCAA Innovations in Research and Practice Grant Fall 2014
DeFreese, J. D., Baucom, D., Guskiewicz, K. M. & Dorsch, T. D.
Healthy romantic relationship development for current and former student-athletes: Development, implementation and evaluation of the Comprehensive Athlete Relationship Enhancement (CARE) training program, Co-PI (\$48,365).
- NCAA Innovations in Research and Practice Grant Spring 2014
 Popp, N., Weight, E., & **DeFreese, J. D.**
Scaffolding for Success: Analysis and recommendations for impactful student-athlete summer bridge programs, Co-I (\$33,575).

TEACHING EXPERIENCE

University of North Carolina – Chapel Hill

Primary Instructor

EXSS 181 – Sport & Exercise Psychology Fall, 2012 - Present

EXSS 290/396 – Critical Analysis of Literature in Sport & Exercise Psychology	Spring 2019 & 2020
RECR 430 – Leadership and Group Dynamics	Spring 2013
EXSS 101 – Foundations of Exercise and Sport Science	Summer 2013

Purdue University

Primary Instructor

HK 372 – Sport and Exercise Psychology I	Summer 2010, 2012
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Teaching Assistant

HK 490 – Youth Physical Activity Behavior	Fall 2011
HK 611 – Data Analysis in HK	Fall 2010
HK 445 – Principles of Epidemiology	Spring 2008
HK 372 – Sport and Exercise Psychology I	Fall 2007

Guest Lecturer

<i>Mental Health Constructs and Assessments Relevant To Athlete Mental Health & Well-Being</i>	Spring 2022, Spring 2023
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UNC-Chapel Hill <i>Effective Teaching</i>	Fall 2018, 2019, 2021
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<i>Mental Health Constructs and Assessments Relevant to Sports Medicine Research & Practice</i>	Spring 2020-Spring 2022
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UNC-Chapel Hill <i>Athlete Burnout and Coping with It</i>	Fall 2020
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Michigan State University <i>Athlete Burnout</i>	Fall 2020
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Utah State University <i>Imagery</i>	Fall 2019
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UNC-Chapel Hill <i>Athlete Burnout</i>	Spring 2018
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Louisiana Tech University <i>Sport Psychology Concepts for Athletic Trainers</i>	Spring 2017, 2018, 2019
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UNC-Chapel Hill <i>Athlete Burnout</i>	Fall 2015
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Missouri Baptist University <i>Who I Am, What I Do, and Why it May Be Useful for You to Know?</i>	Fall 2012, 2013, 2015
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UNC-Chapel Hill <i>Brief Introduction to Multilevel Linear Modeling</i>	Fall 2010
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Purdue University <i>Sport & Exercise Psychology</i>	Fall 2010
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Purdue University <i>Graduate School in Health & Kinesiology</i>	Fall 2009
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Purdue University	
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Operation Purple, PALS, and Cultural Responsiveness Fall 2009
Purdue University

Mentored Undergraduate Learning Assistants
EXSS 181 – Sport & Exercise Psychology Fall, 2017- Present

Mentored Graduate Research Experience
EDUC 796 – Independent Study Master’s Level Summer 2021
HMSC 877 – Independent Study in Human Movement Spring 2021
Science (PhD Level)

COMMITTEE SERVICE

Comprehensive Examination Committees

Ling Beisecker Spring 2023
Committee: **DeFreese, J. D.** (Chair), Register-Mihalik, J. K., & Baez, S.

Brittany Ingram Summer 2022
Committee: Register-Mihalik, J. K., Kerr, Z. Y., & **DeFreese, J. D.**

Christine Callahan Spring 2021
Committee: Register-Mihalik, J. K., Kiefer, A & **DeFreese, J. D.**

Melissa Kay Summer 2017
Committee: Register-Mihalik, J. K., Kerr, Z, Y., & **DeFreese, J. D.**

Doctoral Dissertation Committees

Brittany Ingram Spring 2023 (anticipated)
The impact of social determinants of health on sport related concussion care in emerging adults
Committee: Register-Mihalik, J. K., **DeFreese, J. D.**, Kerr, Z. Y., Oyesanya, T., & Picha, K.

Alexandra Miller Spring 2024 (anticipated)
General and sport-specific risk factors of disordered eating and negative affect among female aesthetic athletes
Committee: Bardone-Cone, A., Bulik, C., **DeFreese, J.D.**, Telzer, E., & Zerwas, S.

Christine Callahan Spring 2023
Associations among perceived stress, mindfulness, and concussion-related outcomes in young adults with concussion history
Committee: Register-Mihalik, J. K., **DeFreese, J. D.**, Faurot, K. R., Gaylord, S. A., & Kiefer, A.W.

Nikki Barczak-Scarboro Fall 2020
Resilience, mental health, and concussion history in military operators
Committee: Mihalik, J., **DeFreese, J.D.**, Kiefer, A. C., Fredrickson, B. L., & Cole, W.

Melissa Kay Spring 2019
Development of a theory-based intervention for communication of healthcare decisions in athletic training: The CHAT study
Committee: Register-Mihalik, J. K., Kerr, Z, Petschauer, M. A., & Ribisl, K, & **DeFreese, J. D.** (ex officio)

Melissa Fraser Fall 2016
The associations between SRC, football seasons played, head impact biomechanics, and neurobehavioral measures in high school and collegiate athletes
Committee: Guskiewicz, K. M., Fredrickson, B., Hackney, A., Marshall, S., Register-Mihalik, J. K., Mihalik, J. P., & **DeFreese, J. D.** (ex officio)

Master's Thesis Committees

Alexis Richardson Spring 2024 (anticipated)
The association between mental health and overall well-being of international vs. domestic student-athletes
Committee: **DeFreese, J. D.**, Brinkman, C., & Baez, S.

Laura Neff Spring 2024 (anticipated)
Association between perceived social support, perceived stress, and kinesiophobia in collegiate athletes diagnosed with concussion
Committee: **DeFreese, J. D.**, Beisecker, L., & Kerr, Z. Y.

Nicholas Rice Spring 2023
The association of current anxiety and depression symptoms with childhood concussion history in collegiate athletes
Committee: **DeFreese, J. D.**, Beisecker, L., & Mihalik, J. P.

Madeline Schulz Spring 2023
The association between anxiety, depression, and kinesiophobia levels in ACLR patients
Committee: Pietrosimone, B., Lisee, C., Bjornsen, E., & **DeFreese, J. D.**

Meghan Neelon Spring 2023
The effect of body language on team performance in Division 1 volleyball
Committee: Weight, E., Bates, B., & **DeFreese, J. D.**

Kate Morris Spring 2022
Perceived effectiveness and usefulness of the ICARE program from the perspective of NCAA Division I varsity coaches
Committee: **DeFreese, J. D.**, Weight, E., Habeeb, C., & Shannon, J.

- Hannah Deatherage Spring 2022
Examination of factors impacting the stigmatization and attitudes towards and self-reported utilization of mental health resources in Division I collegiate athletes
 Committee: **DeFreese, J. D.**, Kiefer, A., Callahan, C.
- Juliana Romero Spring 2021
Associations among mental health symptoms, visits to the athletic training room and time missed due to injury in Division I athletes
 Committee: **DeFreese, J. D.**, Kucera, K., Barczak-Scarboro, N.
- Madison Corona Spring 2020
The associations of perceived and objective injury severity with mental health symptoms in Division I collegiate athletes
 Committee: **DeFreese, J. D.**, Kerr, Z, Barczak-Scarboro, N.
- Brittany Ingram Spring 2020
Comparing an interactive concussion education platform to current education standards: A randomized control trial
 Committee: Register-Mihalik, J. K., **DeFreese, J. D.**, Kerr, Z., Vander Vegt, T.
- Rachael Flatt – Department of Psychology and Neuroscience, Spring 2020
Comparing eating disorder characteristics and treatment in self-identified athletes from the National Eating Disorders Association screening tool
 Committee: Bulik, C., Bardone-Cone, A., **DeFreese, J. D.**
- Megan Simon Spring 2019
Pilot study of mental health symptoms in collegiate athletes: The influence of resilience across a competitive season
 Committee: **DeFreese, J. D.**, Register-Mihalik, J. K., Kerr, Z, Pexa, B., Barczak, N.
- Jake De Vries Spring 2019
The collegiate educational experiences and current life satisfaction of former Division I football players 20 years post-college
 Committee: Weigh, E., Bates, B., **DeFreese, J. D.**
- Rachel Leeke Fall 2017
Play and burnout in collegiate student-athletes
 Weigh, E., Malekoff, R., **DeFreese, J. D.**
- Ruth Fuqua Spring 2017
Psychological changes in athletes following injury
 Committee: Prentice, W. E, **DeFreese, J. D.**, Kucera, K. L.

Alex Rankin Spring 2016
Performance under pressure: A comparison of NCAA Division I athletes with general college students
Committee: Weight, E., Popp, N., & **DeFreese, J. D.**

Amy Bonfiglio Spring 2016
Educational outcomes of athletic participation related to career preparation, satisfaction and salary
Committee: Weight, E., Osborne, B., & **DeFreese, J. D.**

Lindsay Smith Spring 2015
The relationship between optimism and markers of psychological health in collegiate athletes
Committee: Mihalik, J. P., **DeFreese, J. D.**, Kucera, K. L., & Fraser, M.

Pamela Hughes Summer 2014
Association between athlete burnout and athletic injury
Committee: Prentice, W., **DeFreese, J. D.**, & Pietrosimone, B.

External Institution Committees

Megan Murray – Master’s Thesis Committee Spring 2022
The influence of motivation on injury-related fear and athlete burnout in patients post-anterior cruciate ligament reconstruction
Michigan State University
Committee: Baez, S, **DeFreese, J. D.**, & Kuenze, C., Gould, D.

Dylan Colletti – Master’s Thesis Project Committee Spring 2018
Parent passion and youth sport burnout symptoms
Louisiana Tech University
Committee: Blazo, J., **DeFreese, J. D.**

RESEARCH MENTORSHIP

Mentored Undergraduate Research

Alena Bradley, Gabriella Moore, Emily Grace Thomas – EXSS 395 Spring 2023
Athlete transition into college – multiple projects

Thalia Hernandez - Guskiewicz Fellow Fall 2022-Spring 2023
Transition experiences of former NFL players

Tianna Van Cura – EXSS 395 (mentored research for credit) Spring 2022
The effects of female athlete triad and RED-S on the physical and mental health of elite female athletes as they transition from sport

- Madison Gilder – EXSS 395 Fall 2021
The effects of mindfulness on athletes during sport and after retirement
- Avery Wooten – Chancellor’s Science Scholar Spring 2020-Spring 2022
Collegiate athletes’ responses to medical retirement
- Abby Dennis – Undergraduate Honors Thesis Spring 2021
Associations among social physique anxiety, perfectionism, and burnout in American collegiate dancers
Committee: **DeFreese, J. D.**, Register-Mihalik, J., & Kiefer, A.
- Taylor Pitsinger – Undergraduate Honors Thesis Spring 2021
Fatigue and kinesiophobia: Examining load in collegiate athletes after anterior cruciate ligament reconstruction
Committee: Padua, D. P., **DeFreese, J. D.**, Keifer, A., & Chabaan C.
- Maggie Horne – EXSS 395 Fall 2020-Spring 2021
Identify, Connect, And REfer (ICARE): A pilot mental health gatekeeper training program for college coaches
- Lauren Sotell – Volunteer Research Fall 2020-Spring 2021
Pandemic athlete health and well-being survey
- Meghan Curtin – Undergraduate Honors Thesis Spring 2020
Mediation of psychological needs in relationships among coach leadership styles and athlete burnout
Committee: **DeFreese, J. D.**, Kerr, Z, & Pietrosimone, B.
- Hannah Pieper – Undergraduate Honors Thesis Spring 2020
A burnout comparison among residents in different medical specialties
Committee: **DeFreese, J. D.**, Register-Mihalik, J., & Kerr, Z.
- Jonae Benson, Dylan Buchanan, Juliet Townsend – EXSS 395, Fall 2019
Former professional tennis athlete career transition project
- Robert Raikin-Mejias, Simon Wahba – Volunteer Research, Fall 2019
Former professional tennis athlete career transition project
- Erika Bell, Jonae Benson, Abby Dennis, Lauren Dicktel – EXSS 395, Spring 2019
Former professional tennis athlete career transition project
- Megan Griffin, Simon Wahba – Volunteer Research Spring 2019
Former professional tennis athlete career transition project
- Lindsey Molina – EXSS 395 Fall 2018
Longitudinal athlete burnout monitoring project (LAMP)

Abby Dennis – EXSS 395 Fall 2018
Pilot study of medically retired student-athlete support group

Shelby Waldron – Honors Thesis Spring 2018
Exploring early sport specialization: Associations with physical and psychosocial health outcomes
 Committee: **DeFreese, J. D.**, Register-Mihalik, J., Pietrosimone, B. G., & Barczak, N.

Natalie Hipp, Maureen Marquie, Noah Winstead – EXSS 395 Spring 2018
Pilot athlete psychological health knowledge study

Emma Gilbert – EXSS 395 Fall 2017
Athlete burnout, sleep quantity and sleep quality

Makaela Jones – Undergraduate Honors Thesis Spring 2017
Psychosocial antecedents of athlete burnout in black student athletes
 Committee: **DeFreese, J. D.**, Salyer, S., & Lane, C.

Destinee Grove – Honors Thesis Spring 2017
Athlete perceptions of their engagement and motivation when completing the concussion assessment battery
 Committee: Register-Mihalik, J. K., Kay, M., **DeFreese, J. D.**

Shelby Waldron – EXSS 395 Fall 2016-Spring 2017
Perceived training load and burnout over time

Victoria McGee – Undergraduate Honors Thesis Spring 2016
Association between the coach-athlete relationship and athlete psychological outcomes
 Committee: **DeFreese, J. D.**, Pietrosimone, B., & Myers, J. B.

Sarah Little, Ashwin Bhadury, Natalie Ritter,
 Aaron Johnson – Volunteer Research Spring 2015-Spring 2016
Emotional intelligence and athlete psychosocial health

Andrew Romaine – Volunteer Research Spring 2014
Parent perceptions of youth football costs, benefits, and safety

PROFESSIONAL ENGAGEMENT

CFE Faculty Showcase on Teaching- Presenter Spring 2021
 UNC-Chapel Hill

Tar Heel Bus Tour Participant Fall 2019
 UNC-Chapel Hill

Mobile Summer Institute on Scientific Teaching – Facilitator, Summer 2018
UNC-Chapel Hill

Substance Abuse Education Platform Redesign Project Spring 2018
UNC-Chapel Hill Athletics & COMP 523

Greenlaw 101 Classroom Redesign Project Fall 2014-Spring 2016
Center for Faculty Excellence Chapel Hill, NC

PROFESSIONAL DEVELOPMENT

CFE Peer Coaching Program Fall 2022-Spring 2023
UNC-Chapel Hill

CFE Leadership Fundamentals Training Program Fall 2021-Spring 2022
UNC-Chapel Hill

APA Division 47 Mentoring Program Spring 2021-Fall 2021
Program Mentor

TEAM ADVANCE Peer Mentoring Circle Fall 2020-Spring 2021
UNC-Chapel Hill

SAFE Zone Training – LGBTQ Center Fall 2020
UNC-Chapel Hill

TEAM ADVANCE Faculty Mentor Training Fall 2020
UNC-Chapel Hill

APA Division 47 Mentoring Program Fall 2019-Spring 2020
Program Mentee

Quality Enhancement Plan (QEP) Assessment Workshop Spring 2019
UNC-Chapel Hill

Mental Health First Aid Summer 2019
UNC-Chapel Hill

Student-Athlete Mental Health & Well-Being Workshop Fall 2018
UNC-Chapel Hill

Research-Related Skills Course Initiative Faculty Learning Community Fall 2018-Spring 2019
UNC-Chapel Hill

Mobile Summer Institute on Scientific Teaching UNC-Chapel Hill	Summer 2017
New Faculty Learning Community Center for Faculty Excellence	Fall 2016-Spring 2017 Chapel Hill, NC
Grant Development Program Department of Exercise and Sport Science	Fall 2014-Fall 2019 Chapel Hill, NC

PROFESSIONAL SERVICE

<u>University Committees</u> Faculty Welfare Committee University Caregiving Work Group	Summer 2019-Spring 2022 Spring 2021-Fall 2021
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<u>Departmental Leadership Roles</u> EXSS Director of Undergraduate Research	Spring 2023-Present
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<u>Departmental Committees</u> EXSS Chair Search Nomination Committee EXSS Teaching Assistant Professor Faculty Search Committee - Sport Administration Human Movement Science PhD Admissions Committee -Committee Chair (Fall 2022-Present) EXSS Tenure Track Faculty Search Committee - Health Wellness, and Equity in Communities of Color Cluster Hire Lifetime Fitness Curriculum Committee Patrick F. Earey Award Selection Committee	Fall 2022 Fall 2021-Spring 2022 Fall 2020-Present Fall 2020-Spring 2021 Spring 2019-Fall 2020 Spring 2017-Spring 2018
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<u>Professional Committees</u> NASPSPA Sport & Exercise Psychology Conference Program Committee APA Division 47 Cornerstone Committee	Fall 2022-Summer 2023 Spring 2018-Spring 2022
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<u>Editorial Board Member</u> Injury Prevention and Rehabilitation Journal of Clinical Sport Psychology	Fall 2021-Present Spring 2018-Present
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<u>Associate Editor</u> Journal of Clinical Sport Psychology	January 2019-Present
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<u>Guest Editor</u> <i>Journal of Clinical Sport Psychology</i> Special Issue: Burnout in Sport and Performance Co-Guest Editors: Henrik Gustafson, Daniel Madigan	Fall 2020-Summer 2023
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Guest Editor

Athletic Training & Sports Health Care
Special Issue: Mental Health, Vol. 9, Issue 6, Nov. 2017
Co-Editor: Luzita Vela

Fall 2016-Fall 2017

Ad Hoc Manuscript Reviewer

Anxiety, Stress & Coping
Athletic Training & Sports Health Care
Communication Studies
European Journal of Sports Science
European Physical Education Review
Frontiers in Psychology
International Journal of Environmental Research and Public Health
International Journal of Sport & Exercise Psychology
International Sport Coaching Journal
Journal of Applied Social Psychology
Journal of Applied Sport Psychology
Journal of Clinical Sport Psychology
Journal of Intercollegiate Sport
Journal of Mental Health
Journal of Sport & Exercise Psychology
Journal of Sport and Health Science
Journal of Sports Sciences
Psychology of Sport & Exercise
Quest
Research Quarterly for Exercise and Sport
Scandinavian Journal of Medicine & Science in Sport
Sport, Exercise & Performance Psychology
Women in Sport and Physical Activity Journal

Conference Abstract Reviewer

American Psychological Association Division 47 2019-Present
Association for Applied Sport Psychology Conference 2014-2018, 2020-Present

AWARDS/HONORS

American Psychological Association Division 47 Spring 2021
2021 Society for Sport, Exercise & Performance Psychology
Early Career Professional Award
American Psychological Association Division 47 Summer 2020
2020 Professional Poster Award
American Psychological Association Division 47 Summer 2019
2019 Professional Poster Award

Journal of Sport & Exercise Psychology
2018 Excellence in Reviewing Award

Summer 2019

PROFESSIONAL ORGANIZATIONS

American Psychological Association (APA) 2011-Present
Division 47 (Exercise & Sport Psychology) membership

The Association for Applied Sport Psychology (AASP) 2011-Present

North American Society for the Psychology
of Sport and Physical Activity (NASPSPA) 2008-Present

REFERENCES

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Department of Exercise and Sport Science, University of North Carolina at Chapel Hill,
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