

BRITTANY M. INGRAM, MA, LAT, ATC

2201 Stallings-Evans Sports Medicine Complex

Campus Box 8700

Chapel Hill, NC 27599

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EDUCATION

The University of North Carolina at Chapel Hill Chapel Hill, NC Expected May 2024
Doctor of Philosophy in Human Movement Science
Advisor: Johna K. Register-Mihalik, PhD, LAT, ATC

The University of North Carolina at Chapel Hill Chapel Hill, NC May 2020
Master of Arts with a concentration in Athletic Training
Thesis: *Comparing an Interactive Concussion Education Platform to Current Education Standards: A Randomized Control Trial*

The University of Alabama Tuscaloosa, AL 2014-2018
Bachelor of Science with University Honors in Athletic Training; Minor: Food and Nutrition

RESEARCH EXPERIENCE

- **Research Assistant, Matthew Gfeller Sport-Related Traumatic Brain Injury Research Center, The University of North Carolina at Chapel Hill** May 2018- present
 - Primary research study responsibilities:
 - Popular Opinion Leaders as a Sports Concussion Prevention Strategy in Middle Schools: Teaching Risk Reduction in Athletics with Interactive Networking – The TRAIN Study
 - Role of Rehabilitation in Concussion Management: A Randomized Controlled Trial
 - Concussion Disclosure, Behaviors, Attitudes, Norms, and Knowledge in Civilian and Military Emerging Adults – The BANK Study
 - Assist with day-to-day operations of the Matthew Gfeller Center by upholding its core mission and contributing to funded and ongoing projects
 - Assist with ongoing clinical programs at the Matthew Gfeller Center

REFERRED PRESENTATIONS

- **July 2018** - National Athletic Trainers' Association Clinical Symposium & Members' Meeting (New Orleans, LA)
A Pilot In-Depth Analysis of Youth Sport Coaches' Perceptions of Sport Culture, Safety, and Injury Prevention
- **March 2018** – Southeast Athletic Trainers' Association Clinical Symposium & Members' Meeting (Atlanta, GA)
The Effects of Diagnosed ADD/ADHD on Baseline Neurocognitive Performance and Symptom Reporting

REFERRED PUBLICATIONS

Ingram, BM, Kay, MC, Vander Vegt, CB, & Register-Mihalik, JK (2019). The Effect of Body Checking Policy Changes on Concussion Incidence in Canadian Male Youth Ice Hockey Players: A Critically Appraised Topic, *Journal of Sport Rehabilitation*, 28(7), 774-777.

TEACHING EXPERIENCE

- **Instructor of Record** Fall 2020, Spring 2021
Department of Exercise and Sport Science, The University of North Carolina at Chapel Hill
EXSS 275L: Human Cadaver Anatomy Lab (~15 students)
- **Instructor of Record** Fall 2018, Spring 2020
Department of Exercise and Sport Science, The University of North Carolina at Chapel Hill
LFIT 106: Beginner Jogging (~15 students)

- **Instructor of Record** Spring 2019, Fall 2019
Department of Exercise and Sport Science, The University of North Carolina at Chapel Hill
 LFIT 103: Aerobics(~15 students)
- **Instructor of Record** Fall 2018, Fall 2019
Department of Exercise and Sport Science, The University of North Carolina at Chapel Hill
 LFIT 115: Cycle Fitness (~15 students)

PROFESSIONAL EXPERIENCE

- **Graduate Assistant Athletic Trainer** May 2018- May 2020
 - The University of North Carolina at Chapel Hill Women's Lacrosse
 - The University of North Carolina at Chapel Hill Volleyball

PROFESSIONAL SERVICE

Mentorship

Master's Thesis Committee Member

"The Association between Acute Cervicovestibular Symptoms and Persistent Concussion Symptoms and Health Related Quality of Life in Youth Athletes Suffering from Mild Traumatic Brain Injury" (2020-present)

Advised: James Potter

Service to the Profession

Journal Reviewer:

- International Journal of Athletic Therapy & Training

HONORS & ORGANIZATIONS

- Mid-Atlantic Athletic Trainers' Association Spring 2018- present
- NCAA Ethnic Minority and Women's Enhancement Graduate Scholarship April 2018
- National Athletic Trainers' Association (#82229) Fall 2016-present
- Southeast Athletic Trainers' Association Fall 2016-Spring 2018

CERTIFICATIONS

- American Heart Association Healthcare Provider First Aid & CPR (#04130168418) May 2015-present
- National Provider Identifier (#1275051591) September 2017-present
- Board of Certification – Athletic Trainer Certified (#2000030941) May 2018 – present
- North Carolina Licensed Athletic Trainer (LAT-3809) June 2018 - present
- Approved Clinical Instructor October 2018 – present
- Graston Technique® M1 Certified December 2018- present